



Nevada Prevention Resource Center

Update

November 2011 Volume 6 Number 11

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With the holidays just around the corner, we would like to share some tips for holiday safety, particularly as it relates to alcohol. The NPRC has added links in our online Webography to the "Rethinking Drinking" website:

<http://rethinkingdrinking.niaaa.nih.gov/> and its "Rethinking Holiday Drinking" section <http://www.niaaa.nih.gov/Publications/RethinkingHolidayDrinking>.

There are many interactive tools and calculators available to separate the myths from the facts about drinking, help people assess their own drinking, and provide strategies and support for cutting down alcohol consumption or quitting altogether.

Many print resources are available to order free from the NPRC in our online ordering system or by e-mailing or calling us, especially if you have specific resource needs for an upcoming event, promotion or population. Some examples of items appropriate for safe holiday drinking are:

NPRC # 1330: "Rethinking Drinking: Alcohol and Your Health" a "take with you" version of the website.

NPRC # 455: "Party Planning tips for an alcohol-safe and drug-free holiday season to remember," CSAP's informational guide to having a safe and fun holiday party. The booklet includes statistics on drunk driving fatalities, tips to ensure no impaired drivers leave your party, references to publications on alcohol, and recipes for tasty non-alcoholic beverages.

NPRC # 1547: "Rethinking Holiday Drinking," a factsheet that provides myths and facts about drinking and the Holidays.

NPRC # 1546: "Beyond hangovers: Understanding alcohol's impact on your health," a booklet that describes the effects and impact of alcohol on various body systems, such as the heart, liver, pancreas and immune system.

Some items that are not in stock nationally can be downloaded from our website and we can reproduce some items in quantity by request: just ask!

Plan ahead for a safe and healthful holiday and let us know how we can support you. We encourage everyone to share your resources and events so we can help promote the important prevention activities that are happening across Nevada!

Nevada RADAR Network Associate Centers

Care Coalition
(702)228-8520

NV Statewide Native
American Coalition
(775)355-0600

Churchill Community
Coalition
(775)423-7433

P.A.C.E. Coalition
(775)777-3451

Frontier Community Coalition
(775)623-6382

PACT Coalition
(702)582-7228

Foundation for Recovery
(702)257-8199

Partnership of Community
Resources
(775)782-8611

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NPRC Materials Update

Bulk Materials

These materials are available for to order by any Nevada resident.

Search for more and order online at <http://roar.nevadaprc.org>

For the most up to date list of new materials, please sign on to our online ordering system.

NPRC #	Title
1696	Beyond the Game: Nevada Seniors & Problem Gambling
1697	Children at Risk: Meth Labs in our Community
1698	Methamphetamine 101: Etiology and Physiology of an Epidemic
1699	Methamphetamine 102: Introduction to Evidence-Based Treatments
1700	Stamp Out Bullying: Bullying Prevention Series
1701	Nevada 211 Rack Card (Spanish)
1702	Medical Marijuana Reality Check
1703	Medical marijuana Information
1704	Red Ribbon Week Bottle Holder It's UP to ME to BE DRUG FREE
1705	Red Ribbon Week Bookmarks with Sign- up Commitment
1706	It's UP to ME to be DRUG FREE Laminated Paper Poster
1707	Glossary of Suicide Prevention Terms
1708	Comparison Table of Suicide Prevention Gatekeeper Training Programs
1709	Substance Abuse and Suicide Prevention: Evidence & Implications, A White Paper
1710	The Role of Clinical Social Workers and Mental Health Counselors in Preventing Suicide
1711	Heads Up: Real News About Drugs and Your Body- Compilation (2010-11) Student Edition
1712	Prescription Drugs Poster
1713	Heads Up: Real News About Drugs and Your Body (2010-11) Teacher Edition
1714	National Directory of Drug and Alcohol Abuse Treatment Programs 2011
1715	Shared Decision-Making in Mental Health Care
1716	Transforming Mental Health Services: Implementing The Federal Agenda For Change
1717	Mental Health Well-Being Sticker Set (Spanish, purple and blue)
1718	Mental Health Well-Being Sticker Set (Spanish, blue and red)
1719	Minority Fellowship Program Brochure
1720	Children's Mental Health Facts: Helping Children and Youth With Major Depression: Systems of Care
1721	National Drug IQ Challenge
1722	Reo nacional sobre el coeficiente intelectual (CI) sobre las drogas (National Drug IQ Challenge)
1723	Marijuana: Download the Facts Poster
1724	Llamado a la Accion del Cirujano General: Guia de accion para las comunidades
1725	Llamado a la Accion del Cirujano General: Guia de accion para las familias
1726	Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide

Library Materials

These materials are available for checkout by any Nevada resident.

Browse out library collection online at <http://library.washoe.k12.nv.us/webopac/main?siteid=804>

Call Number	Title	Issue
BADA 362.196 TRA	Transforming mental health services : implementing the federal agenda for change.	
BADA 362.2 ELI	Eliminating barriers for learning : social and emotional factors that enhance secondary education.	
BADA 362.2 SHA	Shared decision-making in mental health care : practice, research, and future directions.	
BADA 362.29 TIP	TIP 51 : substance abuse treatment: addressing the specific needs of women	
BADA CDROM 362.2 ELI	Eliminating barriers for learning : mental health: it's part of our classroom.	
BADA CDROM 362.29 DAS	Drug and Alcohol Services Information System (DASIS) series : national directory of drug abuse and alcoholism treatment and prevention programs.	2011
BADA CDROM 362.2918 MAT	Matrix intensive outpatient treatment for people with stimulant use disorders	
BADA CDROM 618.3268 DRI	Drinking and reproductive health : a fetal alcohol spectrum disorders prevention tool kit.	
BADA JOURNAL ADD	Addiction professional.	Vol. 9, no. 5
BADA JOURNAL ADD	Addiction science & clinical practice.	Vol. 5, no. 1
BADA JOURNAL ADD	Addiction science & clinical practice.	Vol. 4, no.2
BADA JOURNAL ADD	Addiction science & clinical practice.	Vol. 6, no. 1
BADA JOURNAL ADD	Addiction science & clinical practice.	Vol. 5, no.2
BADA JOURNAL NID	NIDA Notes	Vol. 23, no. 1
BADA JOURNAL NPRC	NPRC update : Nevada's RADAR network monthly e-bulletin	Vol. 6, no.7
BADA JOURNAL SAM	SAMHSA news	Vol. 19, no. 1
BADA JOURNAL SER	Serie de reportes de investigacion.	May-11
BADA VF EDUCATORS 1	Heads up : real news about drugs and your body.	
BADA VF EDUCATORS 1	Heads up : real news about drugs and your body.	
BADA VID 362.082 MIL	Military families : access to care for active duty, National Guard, Reserve, veterans, their families, and those close to them.	

Grants and Submissions

UnitedHealth HEROES Service-Learning Grants

The program awards grants to help youth, ages 5-25, create and implement local, hands-on programs to fight childhood obesity.

More Information: <http://www.ysa.org/HEROES>

Applications due October 17, 2011

NCAD Call for Papers

We welcome presentation proposals that are suited to our educational foci, which include but are not limited to:

- The prevention, intervention, treatment, and recovery support of addiction disorders;
- Counseling and clinical skills development;
- Addiction Studies Education;
- Multicultural issues faced in addiction treatment;
- Healthcare systems and technology trends and solutions that improve business operations and patient care;
- Professional development, business, and workforce administration management and operations

More information: <http://www.zoomerang.com/Survey/WEB22DCX4FBDZ2>

Due January 20, 2012

EDUCATION PROGRAMS PROFESSIONAL - PARENTAL INVOLVEMENT

A job opportunity is available with the Nevada Department of Education.

More information: <http://alturl.com/kw59v>

Application due October 31, 2011

National Campaigns

November 2011 - Lung Cancer Awareness Month

<http://www.lungcanceralliance.org/>

December 2011 - Drunk and Drugged Driving Prevention Month

<http://www.stopimpaireddriving.org/>

December 1, 2011 - World AIDS Day

<http://www.worldaidscampaign.org/en/>

Has you or your organization done something great?
Are you planning an event?
Did you go to an amazing conference?

Then tell us!

We love to include local events and reviews in the Update.

Submissions for the next Update are due September 10, 2011

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Events

Understanding and Supporting Your Teenager

Cheryl Erwin is a licensed marriage and family therapist, popular speaker and trainer, and parenting coach in Reno, Nevada. She is also the author of several bestselling parenting books, including a number in the "Positive Discipline" series and the "Everything Parent's Guide to Raising Boys."

November 30, 2011, Wooster High School 7:00pm



Improve Communication with Your Teenager

Come, Listen, and Participate with KUNR's Cheryl Erwin

While she shares her wisdom and experience on

"Understanding and Supporting Your Teenager"

FREE

When: Wednesday, November 30, 2011 7PM

Where: Wooster High School Theater

Cheryl Erwin is a licensed marriage and family therapist, popular speaker and trainer, and parenting coach in Reno, Nevada. She is also the author of several bestselling parenting books, including a number in the "Positive Discipline" series and the "Everything Parent's Guide to Raising Boys." Cheryl also does a weekly commentary on parenting at 9:00 and 7:00 a.m. on KUNR-FM.
Brought to you by Wooster Booster Parents. ALL ARE WELCOME AND ENCOURAGED.

White Ribbon Wine Tasting, Elegant Desserts, & Silent Auction

Come out for a lovely evening of WINE, elegant DESSERTS, SILENT AUCTION and support ending violence against women at the White Ribbon Wine Tasting & Dessert Night!

Tickets are \$35 per person. Proceeds go towards supporting the Crisis Call Center's many programs.

Call Chris or Linda at 784-8085 to get your name on the guest list. Spots are filling up fast!

December 2, 2011



Bite at the Museum- Back for Seconds

Community Counseling Center once again presents Bite at the Museum - a unique opportunity to explore the Nevada State Museum at night. Indulge in gourmet bites created by Adrien Nieto from TV's MasterChef and a signature cocktail created just for this event! Bid on artwork by local talent created exclusively for the event.

Get tickets at <http://batm2.eventbrite.com/?ref=ecal>

December 3, 2011



Homes for the Holidays

Help support STEP2's valuable services and join us for a weekend filled with warmth and holiday cheer while touring incredible homes that you've always dreamed of entering.

Don't miss this opportunity to tour the Harrah House at Rancharrah as well as other homes that will inspire and give great decorating ideas, all in the spirit of the holidays. We promise, this year's homes are not to miss!

Buy tickets at

<http://www.step2reno.org/get-involved/homes-for-the-holidays>

December 3 and 4, 2011



Webinars

December 1, 2011 - Prescription Drug Abuse & Drug Endangered Children

This webinar is an examination of the contemporary prescription drug and drug endangered children issues taking place in Indian Country. The webinar topics include an overview of substance abuse including opioids, methamphetamine, depressants, synthetic drugs, and over-the-counter drug abuse. Substance abuse discussion also focuses on the drug impact on children. The webinar concludes with an examination of free resources available and proactive tribal initiatives currently implemented.

Register at <http://www.instantpresenter.com/AccountManager/RegEv.aspx?PIID=EA50DB89834B>

December 14, 2011 - An Overview of Bath Salts and Other Synthetic Drugs from Law Enforcement and Medical Perspectives

Learn more at <http://www.nationaldec.org/training/trainingconferencecalendar.html>

December 15, 2011 - Adult-supervised Alcohol Use and Harmful Consequences among American and Australian Teens

We've all heard the arguments from parents that "it's safer for kids to drink alcohol at home under adult supervision," and "what's the harm as long as I take their keys?" Is there merit to these arguments? Although harm-minimization perspectives contend that youth drinking in adult-supervised settings is protective against future harmful use, a recent study has found that adult supervised drinking of youth in both Australia and the U.S. resulted in higher levels of harmful alcohol use a year later at age 15. Presenters will provide an overview of how to use "prevention science" findings on risk and protective factors for youth alcohol use, discuss research findings, and share ideas on how the research may be strategically used to advance EUDL work, as well as specific examples of research to practice applications by practitioners.

Register at <http://www.udetc.org/audioconfregistration.asp>

January 26, 2012 - Designer Drugs: The New Frontier

During this hour-long program, Designer Drugs: The New Frontier, we'll take a look at this new and emerging drug threat, hear who is most at risk, and learn what we can do about it. We will travel to Bangor, Maine where some experts are saying this is the worst drug epidemic they have ever seen.

Register at http://www.mctft.com/telecasts/view_course.aspx?telecastID=2012-01-26-1



Find the NPRC on Facebook!

<http://www.facebook.com/NevadaPRC>

Professional Development Opportunities

For information on any classes provided by SAPTA/CASAT call 1-866-617-2818 or 775-784-4707. Register for SAPTA/CASAT classes online at <http://pctx.casat.org/>

Addiction: New Frontiers

Participants in this workshop will learn about recent discoveries in the science of addiction. They will explore the vulnerabilities to addiction across the lifespan and how to prevent, assess and manage addictive disorders. Special emphasis will be placed on emerging problems with prescription drug use, synthetic THC (bath salts, Spice), Salvia, and methamphetamine.

November 18, 2011 - Reno, St. Mary's Center For Health

Anger Management

Anger is a fundamental human emotion and how we think about anger, how we feel about it, and our reactions/actions are critical issues, not the anger itself. Anger rarely appears alone, and if we are to address one emotion, we are better served by addressing all of them and figuring out what they mean to our clients and how they help the clients define and live productive lives. This training is appropriate for professionals who conduct anger management groups or do individual counseling.

December 9, 2011 - Reno, TMCC

Congratulations to Grant Davis of Carson City Nevada. He is a winner in the 2011 MusiCares® and GRAM-MY Foundation's® Teen Substance Abuse Awareness through Music Contest

Hear his song at :

<http://drugfactsweek.drugabuse.gov/contestwinners.php>

