

NPRC Update

Nevada's RADAR Network Monthly E-Bulletin

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November has come and with it, Thanksgiving and some very cold weather. The NPRC would like to take this time to give thanks to all of you for the hard work you do, and for being wonderful people to work with. We really appreciate the things that you do. Another part of November is the National Meth Awareness Day, on November 30. This is a great day to educate people in your community, school, or workplace about the dangers of meth. The NPRC has "Meth Fact Sheets" available in both English and Spanish as well as other materials to help get the word out to the people you know. Please contact us if you would like some! You will also find methamphetamine related items throughout the Update, including a report on a great meth presentation at the SALIS conference, some meth resources, and meth conferences and workshops. Please also note that the NPRC library has special hours during the holiday season and while UNR is out of session. These hours are listed below. Of special note; the NPRC will be closed December 25-January 1 as the University does its winter closure.

Happy Holidays!
Stephanie Asteriadis
Marie Tully

Holiday Hours

The NPRC library is normally open 8:00am-8:00pm Monday through Friday. Our holiday hours are listed below.

December 18-20: 8:00am-7:00pm
December 25-January 1: CLOSED

December 21-22 8:00am-4:30pm
January 2-19: 8:00am-4:30pm

Nevada RADAR Network Associate Centers

BEST Coalition
(702) 385-0684

Churchill Community
Coalition
(775)423-7433

Frontier Community
Coalition
(775)623-6382

Goshen Community
Development Coalition
(702)648-1438

P.A.C.E. Coalition
(775)777-3451

Partnership of
Community Resources
(775)782-8611

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SALIS Conference Reports

During the SALIS Conference in Boston this past October, the final presentation, entitled “Methamphetamine Use in the U.S.: Myths and Facts – The Second Decade,” was given by George Marcelle, with ORC Macro/Social & Health Services, Ltd. The myths that George covered were:

- Methamphetamine is the number one substance abuse problem; use is increasing
This myth is dispelled by current lifetime and past-year use data indicating the opposite is true.
- Methamphetamine is popular among teens
Data also indicates that teens are not the number one users of methamphetamine and that use of meth is actually dropping in the populations of teens enrolled in high school (although meth use among high school dropouts may be rising).
- Even occasional use of methamphetamine leads to addiction
Meth, contrary to this myth, is not instantly addictive and the lag time between first use and addiction is usually between 2 to 5 years, although those who inject or smoke meth may become addicts in less than 1 year.
- Babies born to meth-using women have long-term damage
From information available to date, mental retardation is not caused by methamphetamine use during pregnancy, although low birth weight and some kinds of birth abnormalities or learning disabilities may be caused by meth use during pregnancy.
- Meth endangers more children than any other drug
Alcohol affects many more children, with more than six million living with at least one parent who abused or is dependent on alcohol and/or an illicit drug. Children living with adults who use meth or manufacture meth are, however, at increased risk for severe neglect and physical or sexual abuse.
- Meth users/addicts don't respond to treatment
Current data indicates success rates for methamphetamine addicts run between 60.8% and 88%.

This was an extremely interesting and informative presentation by someone very knowledgeable in the field of addictions. If you would like more information about the presentation, please contact me.

Have a wonderful holiday season!
Stephanie

Cool New Resources

- **Meth Stories** is a meth education and meth information website with video and slideshow stories told by meth users. It also includes anti-meth ads created by various agencies that can be watched online, and a link to various meth resources. Visit the Meth Stories website at www.drugfree.org/Portal/DrugIssue/Meth/index.html.
- **The California State** Department of Toxic Substance control has a great website with links to online methamphetamine resources. Their links are put into categories such as the history of meth, environmental impacts, chemical fact sheets, drug lab cleanup, and research. To see this great resource, go to www.dtsc.ca.gov/SiteCleanup/ERP and click on “methamphetamine resources.”



Upcoming Events:

November 30, 2006 National Meth Awareness Day

Meth is an addictive stimulant that has long lasting and very toxic effects on the central nervous system. Use this day to help educate people about the dangers of meth. The US Department of Justice has a great website about meth. Visit it at <http://www.usdoj.gov/methawareness/> Many print resources are also available from the NPRC. Please contact us for a list of all materials available to help spread the word.

December 7 and 8, 2006 Mapping Nevada Communities: An Introduction to GIS and Community Demographic Analysis Workshop

This hands-on, one day workshop teaches the fundamentals of how to use a geographic Information System (GIS) in a way that is particularly relevant to social service providers, planners, and researchers. Learn to make thematic maps of your community, extract and map Census variables, and perform spatial queries and analysis. This workshop is a great way to show you (and those who fund you) where problem areas are and where your prevention efforts have had an impact. To register and for more information, visit www.newurbanresearch.org. This workshop is located in Las Vegas.

January 22-23, 2007 The 2007 National Summit on the Methamphetamine Epidemic

This two-day conference, held in Las Vegas, features two tracks, one for people in law enforcement and another for those in social services. The schedule has many different sessions, which include treatment and prevention, meth's effect on children, the child and family services response to meth, grant writing, and many others. More information about this conference and registration is available at <http://performanceweb.org/CENTERS/LE/Events/L220/L220.htm>.

RADAR Network Update

A ribbon cutting and tour of the new SAMHSA clearinghouse was held on October 31. The new clearinghouse will integrate the functions and services of NCADI and NMHIC into one information dissemination system while retaining the separate identities. The new SAMHSA Health Information Network (HIC) has an onsite SAMHSA library/resource center, printing and reproduction services, as well as the warehouse and distribution services.

Workshops and Classes

For information on any classes provided by CASAT or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/>.

Upcoming Classes:

Seeking Safety Therapy for PTSD and Substance Abuse

This newly offered course uses a combination of didactic, role-playing, feedback, and group and individual exercises while incorporating motivational interviewing techniques.

November 30 – Reno

December 1 – Las Vegas

Montana Meth Project

This class will cover many aspects of meth, including general information, intervention, treatment, and prevention as well as community awareness.

December 4 – Las Vegas

December 5 – Reno (This will be held at a different location than usual. If you have signed up for it, you will be notified as to the new location.)

Ethics

Ehtical issues in regards to alcohol and other drug treatment providers will be discussed in this one-day workshop. Using the ethical standards in the Nevada Administrative Code (NAC) 641C, participants will practice resolving ethical dilemmas. NAA-DAC's ethical code will also be reviewed.

December 8 – Reno

December 11 – Las Vegas

Adolescent Brain Research

This course presents current research on adolescent brain research, specifically covering the structures and functions of the brain, development, neurobiology of addiction, and the impact of child abuse on the brain.

January 23 – Las Vegas

January 24 - Reno

NPRC Materials Update

Bulk Materials Update

There are four sections in the bulk materials update. The first is *New Materials* which includes everything that has been added to the clearinghouse database. Second is the *Back in Stock* section which includes items that were previously archived but are now available again. Next is the *Archived/Out of Stock* section. These items are out of stock at NCADI and the NPRC does not have any to distribute. Last are the *Discontinued* items. In this section are all items that can no longer be found and the NPRC has no copies of them. As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

Special Note: Some materials may not be available to order from either NCADI or the NPRC, however there is a PDF version available. These items will still be active in the NPRC database with a note stating this and a link to the PDF file.

New	Title	NCADI/ NPRC #
1	Any Violence is too Much Violence	2515
2	Eating Disorders	2523
3	Finding Mental Health Services: Where to go for help.	2517
4	Guidelines for Low-Risk Alcohol Use - The Choice is Yours	2508
5	HIV/AIDS Program Summaries	2521
6	If you decide to quit smoking	2510
7	If you decide to quit smoking (Si decides dejar de fumar)	2511
8	May is Mental Health Month: Celebrate Children's Mental Well-Being!	2525
9	Mental Health and HIV/AIDS	2522
10	Meth 360 Information Kit	2526
11	Native American Children's Program Kit (with videos on DVD)	NCPKIT-D
12	Nevada State Resource Guide	2519
13	Nurturing Your Child's Mental Health (bookmark)	2512
14	Preschool Classroom Activities	2524
15	Primary School Activities	2520
16	Raising Kids Who Don't Smoke (bilingual)	2518
17	Strings - a series of lifelines to help keep kids safe from alcohol.	2509
18	Suicide	2516
19	Top 10 tips for parents: Protect your Child from Internet Danger	2513
20	Warning Signs: Is Your Child Using Meth	2527
21	When it seems like there is no hope, there is help	2514

Back in Stock	Title	NCADI/ NPRC #
1	Are You in Recovery from Alcohol or Drug Problems? Know Your Rights	PHD1091

Archived	Title	NCADI/ NPRC #
1	Poster: Words	AVD170
2	"Steer Clear of Pot" glove box card	AVD173
3	Fact or Fiction (postcard)	AVD167

Planning Ahead:

A look at some events in the next few months:

November – Lung Cancer Awareness Month

www.lungcanceralliance.org

November – Healthy Skin Month

www.aad.org

November 30 – National Meth Awareness Day

www.samhsa.gov

December 1 – World AIDS Day

www.unaids.org

If you want help with finding resources or planning for these events, please let us know. Also, if you plan something, tell us so we can include it in a future newsletter.

Has you or your organization done something great?
Are you planning an event?
Did you go to an amazing conference?

Then tell us!

We love to include local events and reviews in the Update.

Submissions for the December Update are due December 8, 2006.

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