



Nevada Prevention Resource Center

Update

May 2010 Volume 5 Number 5

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May and June are important months as they mark a time of high school and college graduation and commencement ceremonies. Completing educational goals and embarking upon new stages of life are both momentous occasions and cause for celebration. They also provide excellent opportunities for individual reflection, review, and revision of the life lived and the direction and goals of the life to come. It is fitting that this issue of the NPRC Update contains prevention, treatment, and recovery funding and training opportunities, past and upcoming events, and resources and materials across the lifespan.

From webinars on “Recovery at Any Age” and “The Parent Factor” to the Washoe County “Safe n’ Sober” event to the “ACCEPT Town Hall on Underage Drinking” to professional development opportunities on “Who’s Doing what” and “Substance Exposed Newborns,” the expansiveness and diversity of substance abuse related activities and events across Nevada is remarkable! Nevada’s programs address the full continuum of prevention, recovery, and treatment and represent all ages and stages of life for an ever-expanding array of races, cultures, ethnicities, and other unique populations.

Our congratulations to all graduates across Nevada, and congratulations to all in substance abuse and related fields for the work you do to promote healthy lifestyle choices for Nevadans from birth through retirement! Thank you for generously sharing your submissions and for allowing us to support your fine efforts.

Stephanie Asteriadis
Marie Tully

Nevada RADAR Network Associate Centers

Churchill Community
Coalition
(775)423-7433

Frontier Community
Coalition
(775)623-6382

Goshen Community
Development Coalition
(702)648-1438

NV Statewide Native American
Coalition
(775)355-0600

P.A.C.E. Coalition
(775)777-3451

Partnership of Community
Resources
(775)782-8611

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Grants and Submissions:

Community Resilience and Recovery Initiative

The purpose of this place-based initiative is to improve behavioral health outcomes through enhanced coordination and evidence-based health promotion, illness prevention, treatment, and recovery support services in communities affected by the recent economic downturn.

For more information: <http://samhsa.gov/Grants/2010/SM-10-015.aspx>

Applications Due May 28, 2010

Webinars

June 5, 2010 - Recovery at Any Age: Young People can and do Recover

This episode will examine environmental and/or biological factors that can lead to addiction, how drugs and alcohol can affect a youth's development, and the role of modern technology (e.g., social networking, texting) options available to adolescents and young people receiving treatment and recovery services. Some of those services are in-person; others are using new technologies and social networking. Learn more and view the trailer at <http://www.recoverymonth.gov/Resources-Catalog/2010/Webcast/June-Recovery-at-Any-Age--Young-People-Can-and-Do-Recover.aspx>

June 17, 2010, 1:15pm - Addressing Underage Drinking in Military Communities: Effective strategies Used to Reduce Alcohol Related Incidence Rates by Underage Airmen

The "Enforcing the Underage Drinking Laws (EUDL) Discretionary Program: Initiative To Reduce Underage Drinking" was designed to reduce the availability of alcoholic beverages to and the consumption of alcoholic beverages by persons serving in the United States Air Force (USAF) and under the age of 21. Presenters will share information about innovative solutions to unique challenges and successes achieved through community mobilization, collaborations with military bases, enforcement practices, policy development, and strategic use of media to advance program goals.

Register online at <http://www.udetc.org/audioconfregistration.asp>

June 24, 2010, 10:00 - The Parent Factor: Partners in Prevention

See how coalitions are trying to reach parents in non-traditional ways. Hear from three seasoned coalition leaders about what is working in their communities. For more information and to register, visit: http://www.mctft.com/telecasts/view_course.aspx?telecastID=2010-06-24-1

July 7, 2010 - Recovery and the Media: Addiction and Treatment in Entertainment and the News

Popular media influences public attitudes and opinions concerning addiction, treatment and recovery issues. Whether an entertainment news reports or articles about a celebrity's drug and/or alcohol use and their need for rehab; movies and or television shows portraying addiction, treatment and recovery in the story lines, addiction is everywhere in our media. This episode will examine how addiction, treatment and recovery have been portrayed historically and where we are today. Learn more at <http://www.recoverymonth.gov/Resources-Catalog/2010/Webcast/July-Recovery-and-the-Media-Addiction-and-Treatment-in-Entertainment-and-News.aspx>

July 22, 2010, 10:00 -11:00 - The Art of Community Mobilizing

Learn what has worked for some coalitions and what leaders of CADCA's Coalition Institute recommend. visit http://www.mctft.com/telecasts/view_course.aspx?telecastID=2010-07-22-1 for information and to register

Local Events

Washoe County Safe n' Sober Foundation

Thanks to donations from several organizations in Washoe County, Safe and Sober of Washoe County has once again been able to fund the local high schools Safe and Sober events on graduation day. Started in 1996, the purpose of these events is to keep our graduating seniors safe and substance free following the big day which has proven to be successful since the inception. Following the graduation ceremony, the graduates are joined by hundreds of their closest high school friends (also graduates) to celebrate their success. These events which can take place at the school or at a theme park allows the graduates to celebrate securely most of the night with volunteer parents as chaperones. Keeping the kids up all night is not an issue, but the parents often require lots of coffee to maintain their energy. The Safe and Sober events have proven to be a fun and safe on a night that can be potentially deadly. Learn more about the Washoe county Safe n' sober Foundation at <http://www.safensober.org/>



ACCEPT Town Hall on Underage Drinking

On March 28, 2010, ACCEPT held a Town Hall Meeting to address Underage Drinking. The meeting was well attended and considered a success. ACCEPT would like to thank all involved who helped make it a wonderful night! Here are a few pictures from the evening.



Professional Development Opportunities

For information on any classes provided by CASAT or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/training.html>

Maternal Child Health: Implementing a life course perspective to Improve Health Outcomes

The summit is free to all participants. Participants requesting CE credits will pay a small administrative fee - please call for details. For more information, contact Mary Rosenthal, MPH at (702) 318-8452, ext. 248 or mrosenthal@snahec.org
May 26, 2010 - Las Vegas, NV

Cultural Diversity

This workshop will help participants increase their knowledge of cultural diversity awareness, and enable them to work more effectively with counterparts and clients from other cultures.

May 26, 2010 - Reno, UNR, WRB 1003

June 11, 2010 - Las Vegas, TBD

Who is Doing What: Alcohol and Other Drug Trends

In this workshop participants will learn the latest trends in drug use both locally and at the national level.

June 7, 2010 - Reno, UNR, WRB 1003

June 25, 2010 - Las Vegas, NV Cooperative Extension

Conference on Problem Gambling Prevention, Research, Recovery & Treatment,

This multidisciplinary conference showcases presentations on developments in the problem gambling and gambling fields. Register online at <http://www.ncpgambling.org/conference>

June 9-12, 2010 - Portland, Oregon

Integrating Systems... It's Coming, Ready or Not

This session will look at the case for integrating services between mental health, primary care, and substance abuse and prevention.

June 14, 2010 - Las Vegas, NV Cooperative Extension

June 16, 2010 - Reno, UNR, WRB 1003

The Facts About Bullying

Participants will learn how to identify bullying behavior, how to respond effectively, the latest trends in cyberbullying, state laws and best practices in bullying prevention and interventions.

June 21, 2010, 1-5 - Las Vegas, NV cooperative Extension

June 22, 2010, 8:30-12:30 - Reno, UNR, WRB 1003

Substance Exposed Newborns: Collaborative Approaches to a Complex Issue

Through various formats, this summit will showcase exemplary policies and practices for identifying pregnant substance users and their newborns; referring them to child welfare, treatment and other community services; and developing plans of safe care for the newborns. For more information and to register, visit <http://aia.berkeley.edu/training/SEN2010/> Early bird registration ends March 31!

June 23-24, 2010—Virginia

Northwest Alcohol conference

this two day conference will include topics on alcohol, substance abuse, prevention, and enforcement. Visit <http://www.northwestalcoholconference.org> for more information and to register.

July 29-30, 2010 - Park City, Utah



Pregnant? A new mom?

text4baby™

There's a new **FREE** service to help you out! Text4baby provides totally free text messages 3 times a week with info to help you through your pregnancy and baby's first year.

Text BABY
(BEBE para Español)
to **511411**
to sign up!



www.text4baby.org

Powered by: VOXIVA

Text4baby is a free service of the
National Healthy Mothers, Healthy Babies Coalition.

The Nevada State Health Division announced that it is an outreach partner of text4baby—a new free mobile information service providing timely health information to pregnant women and new moms from pregnancy through a baby's first year.

Women who sign up for the service by texting BABY to 511411 (or BEBE for Spanish) receive three free SMS text messages each week timed to their due date or baby's date of birth. These messages focus on a variety of topics critical to maternal and child health, including birth defects prevention, immunization, nutrition, seasonal flu, mental health, oral health and safe sleep. Text4baby messages also connect women to prenatal and infant care services and other resources.

Vote now!

Help the Crisis Call Center earn a Pepsi Refresh Project grant. Please vote for once a day for the entire month of May, and ask you friends, family and co-workers to vote for as well. The top 10 vote getting projects in each category will be funded. They need your votes! Go to <http://www.refresheverything.com/crisistexting> or you can go to Crisis Call Center's Facebook page to vote.



We'll get you through it.™

NPRC Materials Update

Bulk Materials Update

As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

Title	NPRC #
1 Join Together Northern Nevada	1424
2 Preventing Teen Abuse of Prescription Drugs	1425
3 Intervention ebook	1426
4 Substance Abuse and American Families Today	1427
5 Treatment ebook	1428
6 Drug Guide for Parents: Learn the Facts to Keep Your Teens Safe	1429
7 BAC chart Cards	1430
8 Myths and Facts about Drinking and Driving	1431
9 A Collection of Articles That Address Research on Prescription Drug Abuse	1432
10 Sexual violence: Facts at a Glance	1433

Planning Ahead:

A look at some events in the next few months:

May 2010 - Mental Health Month

<http://www.mentalhealthamerica.net/go/may>

May 2010 - National Teen Pregnancy Prevention Month

<http://www.advocatesforyouth.org/publications/ntppm.htm>

May 31, 2010 - World No Tobacco Day

<http://www.who.int/tobacco/wntd/en>

June 2010 - Home Safety Month

<http://www.homesafetycouncil.org/homesafetymonth>

June 14-27, 2010 - Men's Health Week

<http://www.menshealthmonth.org/week/>

June 27, 2010 - National HIV Testing Day

<http://www.napwa.org/programs/nhtd.shtml>

Has you or your organization done something great?

Are you planning an event?

Did you go to an amazing conference?

Then tell us!

We love to include local events and reviews in the Update.

Submissions for the next Update are due May10, 2010

Was this newsletter forwarded to you? Do you want it to come directly to your inbox? Visit

https://lists.unr.edu/sympa/subscribe/nprc_update

to sign up!

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Upcoming Events:

May 22, 2010 12:00-4:00p, - Mound House Community Fair

Mound House Task Force will host a free community fair with the theme, "Mound House: Vibrant History, New Opportunities" with attractions and entertainment focusing on the Pony Express, wild horse, fire fighter, and V & T history, and celebrating new economic opportunities in areas such as the V & T Reconstruction, new area farmers' markets, employer wage subsidies through Lyon Employment Partnership, and expanded opportunities for job training through Comstock Youth Works, Lyon Re-Entry, Sierra Nevada Job Corps, etc. The fair will also include booths highlighting community groups in Mound House today, including Fire Safe Council Chapter and Neighborhood Watch. Preschoolers will have a chance to tour the COW Bus, or Classroom on Wheels, and technicians will be on hand to check car seats to make sure they're installed properly. Northern Nevada Hopes mobile outreach van will be on hand to offer free HIV testing.

May 22, 2010, 1:00-2:00 - Summer Kick Off Celebration

This event will kick off the Northern Nevada Boys and Girls Club Membership Drive. The day will include signups for the Summer Camp, orientations, and activities. This will be held at 2680 e. 9th St., Reno, NV. View the flyer at : <http://nevadaprc.org/docs/BGCsummer.pdf>



June 22, 2010 - Suicide Prevention Training

The Yerington Task Force has organized and will host a free training on suicide prevention by Nevada Office of Suicide Prevention experts at the Lyon Library in Yerington. Please contact Quest Lakes at 287-7598 if you'd like more information.

June 29, 2010, 12:00-1:00 - Family Guidelines to Coping with the Mental Illness of a Loved One

This workshop is part of the NNAMHS Co-Occuring Disorders Program, Family Education Series. It will be held at the NNAMHS offices at 480 Galletti Way in Sparks. For more information, contact Sharon Dollarhide at (775) 688-2051. view the flyer at : <http://nevadaprc.org/docs/FamEdSeries.pdf>



August 21, 2010, 12:00-5:00 - Children's Cabinet 25th Anniversary Celebration

The children's Cabinet in Reno will be marking 25 years of keeping children safe and families together AND opening the doors of their new Wilbur D. May Youth Center at 777 Sinclair Street. Come along and see what's in store for the next 25 years. The fun will include face painting, balloons, tours of the youth center, no host barbecue, back to school giveaways and lots more! Everyone welcome. Don't miss it! Details and RSVP to Niki Patin npatin@childrenscabinet.org or 775-856 0356.

September 10, 2010 - Fight for Air Run

this event consists of a 10k, 5k, 5k walk, and a half-marathon. Details available at <http://www.lungsonlegs.org/>

