

# NPRC Update

## Nevada's RADAR Network Monthly E-Bulletin

March 2007

Volume 2 Number 3

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The February issue of the NPRC Update highlighted the HBO series Addiction. Last week the main piece in the series, title "Addiction" began airing as well as many of the supplemental pieces. The series includes films on treatment, addiction, relapse, drug court, Montana Meth and more. All titles will be available on HBO on Demand from Thursday, March 15 - Monday, April 16. The HBO website for the series is <http://www.hbo.com/addiction/>. It contains more information, the schedule, and an opportunity to view segments of each film. You can also visit [www.addictionaction.org](http://www.addictionaction.org) for events related to the show in your area. The NPRC will purchase the DVD and book from the series to include in the library collection. Look for it in upcoming months.

March 18-24 is Inhalants and Poisons Awareness Week. The NPRC has put up a display of books, facts, and pamphlets related to inhalants. Be sure to make the people you love aware of the dangers of inhalants!

April is National Alcohol Awareness Month and April 5 is Alcohol Screening Day. This is a great time to be active in your community and make people aware of the dangers of alcohol. The NPRC clearinghouse and library have many books, pamphlets, videos, and displays that would be great for any event. Order and check out any materials you may need soon so you can be ready for your own event.

We would also like to thank everyone who has taken our online survey. The response has been great, and we are sure the information will be quite valuable to our program. The end date for the survey has been changed to March 23 so that the maximum number of people can take it. If you have not yet taken the survey, please do so at <https://casat.unr.edu/survey/public/survey.php?name=NPRC>

Stephanie Asteriadis  
Marie Tully

### Nevada RADAR Network Associate Centers

BEST Coalition  
(702) 385-0684

Churchill Community  
Coalition  
(775) 423-7433

Frontier Community  
Coalition  
(775) 623-6382

Goshen Community  
Development Coalition  
(702) 648-1438

NV Statewide Native  
American Coalition  
(775) 355-0600

P.A.C.E. Coalition  
(775) 777-3451

Partnership of Community  
Resources  
(775) 782-8611

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## Cool New Resources

- **The National Registry of Evidence-based Programs and Practices**, is a new database put out by SAMHSA. It is a searchable resource for interventions for the prevention and treatment of mental and substance use disorders. It lets you search by topic, interest, study design, and population. Check out this great new resource at: <http://www.nrepp.samhsa.gov>
- **The "Science of Addiction"** booklet discusses the reasons people take drugs, why some people become addicted while others do not, how drugs work in the brain, and how addiction can be prevented and treated. Like diabetes, asthma or heart disease, drug addiction is a chronic disease that can be managed successfully. Treatment helps to counteract addiction's powerful disruptive effects and helps people regain control of their lives. The new booklet points out that just as with other chronic diseases, relapses can happen. The publication further explains that relapse is not a signal of treatment failure -- rather, it indicates that treatment should be reinstated or adjusted to help the addict fully recover.
- **TAP 28:** The National Rural Alcohol and Drug Abuse Network Awards for Excellence 2004, presents seven papers that describe effective and innovative models of treatment and prevention services in rural populations. This publication can be ordered from the NPRC, or viewed in PDF at <http://kap.samhsa.gov/products/manuals/pdfs/TAP28.pdf>.

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## Upcoming Events:

### **March 29, 2007 1:00-2:00pm EST – Stress-Induced Drug Abuse**

Scientific research has shown a strong link between stress and substance abuse. During this hour-long broadcast, learn why stress often leads to substance abuse and how the brain responds. See how rates of alcohol and drug abuse increase after traumatic events like military service, terrorist attacks, and natural disasters. Register at <http://www.dlnets.com/MCTFT2nd.htm>.

### **March 30, 2007 – Saucony “Run for Good” grant deadline**

Saucony is funding programs which promote physical fitness and running with kids with the Run for Good program. It is open to communities and non-profit organizations that provide youth fitness programs. For more information, visit [www.sauconyrunforgood.com](http://www.sauconyrunforgood.com)

### **April 26, 2007 1:00-2:00pm EST – Computers and Drug Trade**

During this hour-long broadcast, instructors from the Federal Law Enforcement Training Center's (FLETC) Computer and Financial Investigations Division and computer forensics investigators will demystify digital evidence by showing you how drug dealers and users utilize computers. Learn the best ways to get a search warrant, the basics of what to do and what NOT to do at a scene, and how pre-planning can make your investigation a whole lot easier. Register at <http://www.dlnets.com/MCTFT2nd.htm>.

# Workshops and Classes

For information on any classes provided by CASAT or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/>.

## Upcoming Classes:

### SAPST

The substance Abuse Prevention Specialist Training provides an overview of basic information for prevention professionals and introduce them to the prevention field. This course is only being offered in Reno.

March 21-23 – Reno TMCC, Red Mountain 256

### Cognitive Behavioral Therapy

This course will discuss the rationale behind CBT and will help participants build strategies and view CBTR techniques in practice.

March 26 – Reno TMCC, Vista bldg B-206

March 27 – Las Vegas Workforce Investment Board

### Cognitive Behavioral Therapy for Adolescent Substance Use Disorders: Skills Training

Participants will learn the essential aspects of CBT for adolescents.

April 16-17 – Reno TMCC, Vista bldg B-206

May 7-8 – Las Vegas Cooperative Learning Extension, Rooms A and B

## Home Study Courses:

### Socioeconomics and Prevention & Prevention and Ethics

Two new courses just recently were introduced with prevention professionals in mind: Socioeconomics and Prevention and Prevention Ethics. Courses currently cost \$8/contact hour. Conveniently learn about prevention topics and earn renewal or initial certification hours. Please visit the CASAT website to enroll and for more information: <http://casat.unr.edu/training.html>

# NPRC Materials Update

## Bulk Materials Update

There are four sections in the bulk materials update. The first is *New Materials* which includes everything that has been added to the clearinghouse database. Second is the *Back in Stock* section which includes items that were previously archived but are now available again. Next is the *Archived/Out of Stock* section. These items are out of stock at NCADI and the NPRC does not have any to distribute. Last are the *Discontinued* items. In this section are all items that can no longer be found and the NPRC has no copies of them. As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

**Special Note:** Some materials may not be available to order from either NCADI or the NPRC, however there is a PDF version available. These items will still be active in the NPRC database with a note stating this and a link to the PDF file.

<u>New</u>	Title	NCADI/NPRC #
1	65% Button	2587
2	A Collection of NIDA Notes Articles That Address Cocaine	NN0066/2586
3	A Collection of NIDA Notes Articles That Address Drug Abuse Treatment	NN0026/2585
4	A Collection of NIDA Notes Articles That Address Drugs and AIDS	NN0012/2584
5	ALL Parents Booklet Spanish	5292
6	Brandon Tells His Story DVD	2591
7	Girl Talk Brochure	2593
8	Heads Up: Real News About Drugs and Your Body Teacher's Edition (Year 3)	MS978/2595
9	Heads Up: Real News About Drugs and Your Body Teacher's Edition (Year 4)	MS983/2596
10	Keep Kids Alcohol Free: Strategies for Action	2597
11	Kids ALL Brochure	2589
12	Parents All Brochure	2588
13	Parents You're Not Done Yet Brochure	2594
14	Poster: Chameleon	2573
15	Poster: Drinking Buddies	2582
16	Poster: Fish	2577
17	Poster: Fridge	2576
18	Poster: Friendship	2581
19	Poster: Girl in Car	2574
20	Poster: Girl in Mirror	2580
21	Poster: Toilet	2579
22	Poster: Wise Up	2578
23	Poster: Working Together. Preventing School Violence	2598
24	Sart Talking Before They Start Drinking: A Family Guide	BKD543/2583
25	Tip Card	2590

<u>Archived</u>	Title	NCADI/NPRC #
1	Como disminuir su habito de ingerir alcohol	1531
2	Hope, Help & Healing: A Guide to Helping Someone Who Might Have a drug or Alcohol Problem	2364
3	Parent's Reference Card	1993

4	TIP 17: Planning for Alcohol and Other Drug Abuse Treatment for Adults in the Criminal Justice System	BKD165/1303
5	TIP 41: Substance Abuse Treatment: Group Therapy (Clinician's Version)	2341

### Library Materials Update

The Library Materials update tells you what items have been added to the library collection. Most of these items are available for checkout and can be sent to your location. To search the online library catalog, please visit <http://207.212.112.252/webopac/main?siteid=804>.

Serials	Call Number	Title	Issue
	BADA JOURNAL ADD	Addiction professional.	Vol. 4, No.7
	BADA JOURNAL ATT	ATTC networker	Vol. 8, No. 2, Winter 2006
	BADA 362.290973 EPI	Epidemiologic trends in drug abuse : proceedings	Vol. 2
	BADA JOURNAL SAM	SAMHSA news	Jan/Feb 2007
	BADA JOURNAL SUB	Substance abuse in brief	Vol. 4, Issue 1
	BADA JOURNAL SUB	Substance abuse in brief	Vol. 4, Issue 2
	BADA JOURNAL NSD	The NSDUH report (formerly the NHSDA Report).	11/8/02

Kits	Call Number	Title
	BADA SP 362.292 DAN	Dangers of alcohol
	BADA SP 362.292 DAN	Dangers of alcohol
	BADA KIT 617.522 DON	Don't delay! check the health of your mouth today! : tobacco oral health evaluation pouch

Videos	Call Number	Title
	BADA VID 363.12514 BRA	Brandon tells his story

CD-ROMs	Call Number	Title
	BADA CDROM 362.2938 MET	Methadone maintenance treatment facts, myths, and special problems an online course
	BADA CDROM 362.292 0835 UND	Underage drinking : research articles and resources.

Books	Call Number	Title
	BADA 362.299 COL	A collection of NIDA notes : articles that address anabolic steroid abuse
	BADA 362.298 COL	A collection of NIDA notes : articles that address research on cocaine
	BADA VF Meth 1	About methamphetamine.
	BADA VF TOBACCO 2	Becoming a former smoker.
	BADA VF MONEY 1	Better money management : a guide for reaching your goals.
	BADA 362.29186 OBE	Counselor's family education manual : matrix intensive outpatient treatment for people with stimulant use disorders
	BADA 362.291 86 OBE	Counselor's treatment manual : matrix intensive outpatient treatment for people with stimulant use disorder
	BADA VF TEENAGERS 1	Drug facts.

BADA VF METH 1	How meth affects children and families
BADA VF Marijuana 1	Marijuana indoor grow : is marijuana growing in your neighborhood.
BADA VF METH 1	Meth.
BADA VF TOBACCO 2	My book about being smoke-free.
BADA VF TOBACCO 2	Quitting for life : self-care handbook.
BADA VF Teenagers 1	Starting college : a guide for first-year students.
BADA VF PARENTS 3	Staying safe on the Internet : a guide for parents
BADA VF ANXIETY 1	Stress management : self-care handbook.
BADA 362.29 TAP 28	TAP 28 : the national rural alcohol and drug abuse network awards for excellence 2004
BADA 362.29 TIP	TIP 45 : detoxification and substance abuse treatment
BADA VF TOBACCO 2	Tobacco facts.
BADA VF Parents 3	Your child's first year of college : a guide for parents.

## **PLEASE TAKE OUR ONLINE SURVEY!**

Go to:

<https://casat.unr.edu/survey/public/survey.php?name=NPRC>

## **Planning Ahead:**

A look at some events in the next few months:

March – National Nutrition Month

[www.eatright.org](http://www.eatright.org)

March 18-24 – National Inhalants and Poisons Awareness Week

[www.inhalants.org](http://www.inhalants.org)

April – Alcohol Awareness Month

Contact the NPRC for materials!

April 5, 2007 – Alcohol Screening Day

If you want help with finding resources or planning for these events, please let us know. Also, if you plan something, tell us so we can include it in a future newsletter.

Has you or your organization done something great?  
Are you planning an event?  
Did you go to an amazing conference?

**Then tell us!**

We love to include local events and reviews in the Update.

Submissions for the April Update are due April 6, 2007.

"This publication was supported by the Nevada State Health Division through Grant Number B1 NVSAPT from the Nevada Department of Human Resources, State Health Division, Bureau of Alcohol and Drug Abuse and the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Substance Abuse Prevention and Treatment Block Grant. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services nor the Nevada State Health Division."