



Nevada Prevention Resource Center

Update

June 2009 Volume 4 Number 6

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Greetings and Happy Summer to all! By way of an introduction to the June issue of the NPRC Update, we want to focus on a few special reports and opportunities for those hard at work in substance abuse and related fields. Many providers work with special and high risk populations and may welcome opportunities to learn the most recent information.

LGBT Web Forum:

On June 24, 2009, at 2 p.m. (Eastern time), in commemoration of Lesbian, Gay, Bisexual, and Transgender Pride Month, the Office for Victims of Crime (OVC) will present a Web Forum discussion with Avy Skolnik on best practices for assisting lesbian, gay, bisexual, transgender, intersexed, and queer (LGBTIQ) survivors of violence. Mr. Skolnik is the Coordinator for Statewide and National Programs at the New York City Anti-Violence Project, which serves New York's LGBTIQ communities. He also facilitates the National Coalition of Anti-Violence Programs, a network of grassroots organizations dedicated to ending violence against LGBTIQ people; and serves as the coordinator for the New York State LGBT Domestic Violence Network. In addition, Mr. Skolnik provides training and technical assistance to community groups, schools, hospitals, clinics, and law enforcement on LGBTIQ violence-related issues, including intimate partner violence, sexual assault, and bias-motivated violence.

Visit the OVC Web Forum at: <http://ovc.ncjrs.gov/WebForumNotice/061709/welcome.html> to submit questions for Mr. Skolnik and return on June 24 at 2 p.m.

(eastern time) for the live discussion. Learn how to participate beforehand to be ready for the discussion.

SAMHSA Study on alcohol use rates among adolescents:

Alcohol dependence or abuse among fathers living with adolescents (youths aged 12 to 17) may increase the risk of alcohol or illicit substance use among their children according to a new national study. The study by the Substance Abuse and Mental Health Services Administration (SAMHSA) shows that the rate of past year alcohol use was dramatically higher among adolescents living with a father with an alcohol use disorder than those living with a father who had not used alcohol in the past year (38.8 percent versus 21.1 percent). The full report is available at: <http://oas.samhsa.gov/2k9/108/FatherAlcUse.cfm>

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Nevada RADAR Network Associate Centers

Churchill Community
Coalition
(775)423-7433

Frontier Community
Coalition
(775)623-6382

Goshen Community
Development Coalition
(702)648-1438

NV Statewide Native American
Coalition
(775)355-0600

P.A.C.E. Coalition
(775)777-3451

Partnership of Community
Resources
(775)782-8611

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Health Disparities and Racial/Ethnic Minority Youth:

Health disparities are preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health that are experienced by socially disadvantaged populations. Disparities often begin early in life, starting during childhood or adolescence. The CDC collects data by conducting the National Youth Risk Behavior Survey every two years to 9th –12th grade students in public and private schools across the United States. To special reports and to learn more about the causes of these differences in health — known as "health disparities", such as poverty, unequal access to health care, poor environmental conditions, educational inequalities, individual behaviors, and language barriers, visit the following page on the CDC website: <http://www.cdc.gov/Features/HealthDisparities/>

National Report Finds Low Levels of Substance Use among Pregnant Women, but Higher Levels in New Mothers:

Many women's use of alcohol, cigarettes and illicit drugs resumes after childbirth. A new national report provides both encouraging and discouraging news about the use of substances by pregnant women and new mothers. Based on a nationwide survey, the report by the Substance Abuse and Mental Health Services Administration (SAMHSA) suggests that most women are heeding warnings about the dangers that substance use during pregnancy can pose to fetuses and are abstaining -- especially in the latter stages of their pregnancies. However, this report, as well as a new study published today by the U.S. Center for Disease Control and Prevention's (CDC) Morbidity and Mortality Weekly Report, show that the number of women who drink alcohol while pregnant is disturbingly high, despite past Surgeon Generals' warnings about the dangers of drinking alcohol while pregnant. According to a 15 year-study by the CDC, the number of women who drink alcohol while pregnant is not decreasing – with approximately 1 in 8 women drinking any amount of alcohol while pregnant. The full report is available on the Web at: <http://oas.samhsa.gov/2k9/135/PregWoSubUse.cfm>.

Researchers See Drop in Rates of Substance Abuse, Violence, and Early Sexual Activity:

A NIDA study shows school-based prevention program reduces problem behaviors in fifth-graders by half. The intervention tested was Positive Action (PA), a comprehensive K-12 social and emotional development program for enhancing behavior and academic achievement. Schools were randomly assigned from matched pairs either to implement PA or not. The program consists of daily 15-20 minute interactive lessons focusing on such topics as responsible self-management, getting along with others, and self-improvement. At schools implementing the intervention, these lessons occupied a total of about 1 hour per week beginning in the first or second grade. The study suggests that school-based prevention programs begun in elementary school can significantly reduce problem behaviors in students. Fifth graders who previously participated in a comprehensive interactive school prevention program for one to four years were about half as likely to engage in substance abuse, violent behavior, or sexual activity as those who did not take part in the program. The study, supported by the National Institute on Drug Abuse (NIDA), a component of the National Institutes of Health, will appear in the August 2009 print issue of the American Journal of Public Health. To read the full NIDA press release, go to: <http://www.nih.gov/news/health/jun2009/nida-18.htm>.

As College Drinking Problems Rise, New Studies Identify Effective Prevention Strategies:

Alcohol-related deaths among U.S. college students rose from 1,440 deaths in 1998 to 1,825 in 2005, along with increases in heavy drinking and drunk driving, according to an article in the July supplement of the Journal of Studies on Alcohol and Drugs. The special issue describes the results of a broad array of research-based programs to reduce and prevent alcohol-related problems at campuses across the country. These studies resulted from the Rapid Response to College Drinking Problems Initiative, a grant program supported by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), part of the National Institutes of Health. "This supplement is a valuable resource that underscores the growing number of research-driven strategies that college administrators and health officials can put in place to address serious student drinking problems," says Acting NIAAA Director Kenneth Warren, Ph.D. To read the full press release, go to: <http://www.nih.gov/news/health/jun2009/niaaa-15.htm>

The Identifying and Selecting Evidence-Based Interventions: Revised (January 2009)

Guidance Document for the Strategic Prevention Framework (SPF) State Incentive Grant Program is available on the CSAP Internet. The purpose of this guidance is to assist State and community planners in applying the SAMHSA SPF to identify and select evidence-based interventions that address local needs and reduce substance abuse problems. The document is available on the Strategic Prevention Framework (SPF) website at: <http://prevention.samhsa.gov/about/spf.aspx>

We hope you find the information helpful and that you will pass it along to others along with the link to our website: NevadaPRC.org and the NPRC Update listserv registration site: https://lists.unr.edu/sympa/subscribe/nprc_update
And we hope you will provide feedback to let us know how we are doing at: <http://www.nevadaprc.org/feedback.php>

Have a warm and wonderful June!
Stephanie Asteriadis and Marie Tully

Planning Ahead:

A look at some events in the next few months:

June - Lesbian, Gay, Bisexual, and Transgender Pride Month

August 9-15, 2009- National Health Center Week

<http://www.healthcenterweek.org/>

September - National Alcohol and Drug Addiction Recovery Month

<http://www.recoverymonth.gov/>

September 6-12, 2009 - National Suicide Prevention Week

<http://www.suicidology.org>

If you want help with finding resources or planning for these events, please let us know. Also, if you plan something, tell us so we can include it in a future newsletter.

Professional Development Opportunities

For information on any classes provided by CASAT or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/training.html>

At-Risk Population Preparedness Summit

Learn to prepare for an emergency, including transportation, communication, supervision, and medical care.

Registration Form: <http://nevadaprc.org/docs/EmergencyRegistration.pdf>

July 14, 2009, 7:00-5:00 - Sparks, John Ascuaga's Nugget

Adolescent Internal Motivation, Goal-Directed Behavior and Self Monitoring

This training will be taught by Dave Kaul, MA, MFT. One CEU is pending. Flyer: [http://nevadaprc.org/docs/](http://nevadaprc.org/docs/WestHillsdoc.doc)

[WestHillsdoc.doc](#)

July 14, 2009 11:30-1:00 - Reno, West Hills Hospital

Problem Gambling: When Gambling is No Longer a Game

This workshop will provide a basic understanding of the diagnosis of pathological gambling, including prevalence, disease progression, personal impact, and pathological gambling.

July 17, 2009 8:30-12:30 - Las Vegas, NV Cooperative Extension

July 20, 2009 12:30-4:30 - Reno, TMCC Vista Building, B206

Upcoming Events:

June 25, 2009 10:00-11:00 - Terrorism and its Connection to Drug Trafficking

Terrorism & Its Connections to Drug Trafficking is an hour-long broadcast that focuses on counterfeit versions of finished drugs being manufactured and distributed by well-funded and elaborately organized criminal networks. Domestically, State, local, and tribal law enforcement cooperation are supported by Federal initiatives such as the High Intensity Drug Trafficking Area (HIDTA) and the Organized Crime Drug Enforcement Task Force (OCDETF) pro-grams. Learn more here: http://www.mctft.com/telecasts/view_course.aspx?telecastID=2009-06-25-1

June 30, 2009 12:00PST - Building Bridges to Long-Term Recovery

During this teleconference you will have the opportunity to better understand the differences and relationships between mutual support groups; peer and other recovery support services and clinical treatment services and how to fit the pieces together to make it possible for people to sustain their recovery. Register online at: <http://capwiz.com/facesandvoicesofrecovery/utr/1/ANJJKQABYU/AHORKQCCCT/3453164341>

July 8, 2009 11:00PST - Youth-Adult Partnerships Webinare

Enthusiastic youth leaders and committed adult supervisors - how can they work together? This webinar will explore ways to maximize youth participation by strengthening youth-adult partnerships. This webinar will offer best practice examples and principles that should be in place to encourage a strong and productive working relationship. This session will also explore the importance of mentorship and offer ways to establish effective mentors. Register online at: <http://www.nyacyouth.org/events/event.php?id=7>

July 9-10, 2009 - Grant Writing, Reno

If your agency receives or plans to receive government grants, this class is for you. Federal pass-through grant managers and staff are also encouraged to attend. You do not need to work in the same profession as the host agency. Checks, cards, and purchase orders are welcome. Multi-enrollment discounts are available. For more information including venue location, tuition, graduate testimonials and online enrollment, please visit us at: <http://GrantWritingUSA.com>

July 14, 2009 12:00PST - National Health Care Reform

As Congress debates reforming the national healthcare system, what does it mean for people seeking recovery from addiction to alcohol and other drugs, their families and loved ones? What are the key issues, who are the decision makers and what opportunities lie ahead to advance recovery? Read more here: http://www.facesandvoicesofrecovery.org/about/trainings_events/2009_teleconference.php#july14

July 23, 2009 10:00-11:00PST - The War Within - Helping Returning Veterans

During this webcast hear from a young Marine about what it was like to adjust to life at home after serving in Iraq. See how science can help us better understand what's going on inside the brain. Find out what we can do to help the men and women who serve our country. Find more information and register at http://www.mctft.com/telecasts/view_course.aspx?telecastID=2009-07-23-1

Did you receive this newsletter from a friend? Want it to come directly to your inbox? Visit https://lists.unr.edu/sympa/info/nprc_update to sign up!

NPRC Materials Update

Bulk Materials Update

There are four sections in the bulk materials update. The first is *New Materials* which includes everything that has been added to the clearinghouse database. Second is the *Back in Stock* section which includes items that were previously archived but are now available again. Next is the *Archived/Out of Stock* section. These items are out of stock at NCADI and the NPRC does not have any to distribute. Last are the *Discontinued* items. In this section are all items that can no longer be found and the NPRC has no copies of them. As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

	Title	NPRC #
1	Follow Directions: How to Use Methadone Safely	1331
2	Follow Directions: Making Methadone Use Safe - Fact Sheet	1332
3	Follow Directions: Making Methadone Use Safe Poster	1333
4	Problem Gambling: How to Reach Out to a Friend or Relative	1334
5	How to be a Responsible Gambler	1335
6	Place your bets: Assessing for Problem Gambling Pays Off	1336
7	Action Steps for Improving Women's Mental Health	1337
8	Women's Mental Health: What it Means to You	1338
9	House Tour Print Insert: Where are Drugs in Your House?	1339
10	Reach Out Now Kit: Poster/Teaching Guide with Bonus pages; Help Prevent Underage Alcohol Use Grades 5-6	1340
11	Siga Direcciones: Como Utilizar la Methadona de una Manera Segura (Ficha de datos) (Follow Directions: Making Methadone Use Safe)	1341
12	Siga Direcciones: Como Utilizar la Methadona de una Manera Segura (Folleto) (Follow Directions: How to Use Methadone Safely)	1342
13	Siga Direcciones Como Utilizar la metadone de una manera segura (Spanish Poster)	1343
14	Community Monitoring Systems: Tracking and Improving the Well-Being of America's Children and Adolescents	1344
15	A Collection of Articles That Address Research on Methamphetamine	1345



Library Materials Update

The Library Materials update tells you what items have been added to the library collection. Most of these items are available for checkout and can be sent to your location. To search the online library catalog, please visit <http://library.washoe.k12.nv.us/webopac/main?siteid=804>.

	Call Number	Title	Issue
Books	BADA 303.6 PRE	Prevention youth violence	
	BADA 362.25 TAB	In the shadow of chance : the pathological gambler	
	BADA 362.29 NAT	National estimates of expenditures for mental health and substance abuse treatment	1991-2001
	BADA 362.29 TIP	TIP 48 : managing depressive symptoms in substance abuse clients during early recovery.	
	BADA 362.2918 DET	Detoxification and substance abuse treatment training manual : based on a treatment improvement protocol TIP 45	
	BADA 362.2918 PRI	Principles of drug abuse treatment for criminal justice populations : a research-based guide	
	BADA 616.86 DRU	Las drogas, el cerebro y el comportamiento: la ciencia de la adiccion	
	BADA VF PREVENTION 2	Principles of effectiveness : prepared for summer Institute for Addiction and Prevention Studies.	
	BADA 362.2083 STA	The starting early starting smart family strenghts institute : a journal of the convening	
	BADA VF MENTAL HEALTH 1	Field manual for mental health and human service workers in major disasters	
	BADA VF MENTAL HEALTH 1	Psychological first aid for first responders : tips for emergency and disaster response workers	
	BADA VF METH 2	Drug endangered children : parental methamphetamine use and manufacture.	
	Poster	BADA SP 362.29 DRU	Drugs of abuse : know your enemy
Journals	BADA JOURNAL NID	NIDA Research report series.	Dec-08
	BADA VF EDUCATORS 1	The Alert Educator	Spring 2008
	BADA VF EDUCATORS 1	Heads up : real news about drugs and your body.	2007-2008 Student
	BADA VF EDUCATORS 1	Heads up : real news about drugs and your body.	2007-2008 Teacher

In the News

Budget Cutes to Safe and Drug Free School Programs: http://www.usatoday.com/news/washington/2009-06-17-drugfree_N.htm

NIH panel to consider NIDA/NIAAA Merger: <http://www.jointogether.org/news/features/2009/nih-panel-to-consider.html>

20th Anniversary of Recovery Month: <http://www.samhsa.gov/newsroom/advisories/0906183953.aspx>

Alcohol and Suicide Among Racial/Ethnic Populations Report: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5823a1.htm>

Grant and Submissions Deadlines

United Methodist Women – A Brighter Future for Children and Youth Grant

The Women's division of The United Methodist Church offers grants for projects and programs addressing the needs of children and young people between the ages of 5 to 18 in the areas of violence prevention, anti-abuse and relationship abuse.

Grant Information: <http://hbs.gbqm-umc.org/umw/money/grants/abrighterfuture/>

Application due July 1, 2009

Grants for Coalitions to Prevent and Reduce Alcohol Abuse at Institutions of Higher Education

This program provides financial assistance for the development, expansion, or enhancement of a state-wide coalition. The focus of the coalition will be on preventing and reducing the rate of underage alcohol consumption, including binge drinking, among students at institutions of higher education (IHEs), on campuses and in surrounding communities.

Grant information: <http://www.ed.gov/programs/stopact/index.html>

Application Due July 6, 2009

Grants for Coalitions to Prevent and Reduce Alcohol Abuse at Institutions of Higher Education

This program provides financial assistance for the development, expansion, or enhancement of a state-wide coalition. The focus of the coalition will be on preventing and reducing the rate of underage alcohol consumption, including binge drinking, among students at institutions of higher education (IHEs), on campuses and in surrounding communities.

Grant information: <http://www.ed.gov/programs/stopact/index.html>

Application Due July 6, 2009

Robert Wood Johnson Foundation Local Funding Partnerships

The *Robert Wood Johnson Foundation Local Funding Partnerships* (LFP) program forges relationships between the Robert Wood Johnson Foundation (RWJF) and local grantmakers to fund promising, original projects that can significantly improve the health of vulnerable people in their communities.

Grant information: <http://www.rwjf.org/applications/solicited/cfp.jsp?ID=20605>

Applications Due July 7, 2009

Cooperative Agreements National Suicide Prevention Lifeline Crisis Center Follow Up

The purpose of this program is to promote systematic follow up of suicidal persons who call the National Suicide Prevention Lifeline.

Grant Information: http://www.samhsa.gov/Grants/2008/sm_08_016.aspx

Application Due July 9, 2009

Has you or your organization done something great?
Are you planning an event?
Did you go to an amazing conference?

Then tell us!

We love to include local events and reviews in the Update.
Submissions for the July Update are due July 10, 2009.

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