



# Nevada Prevention Resource Center

## Update

January 2009 Volume 4 Number 1

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**For many**, the new year is a time to make resolutions in both their personal and professional lives. Two things that people often resolve to do are be more organized and use time more effectively.

This week, WebJunction, an online community for library staff, put on a webinar about staying organized titled, "Shelf Read Your Personal Information: Getting Organized and Staying That Way" presented by Derik Badman. Derik gave many examples of ways to use technology and free online tools to keep yourself organized in both your personal and professional life.

Some tools that might be useful include:

**Remember the Milk:** <http://www.rememberthemilk.com/>

A free, online to-do list which allows you to make several lists that can be accessed from any computer, as well as many smart phones.

**Google Calendar:** <http://www.google.com/calendar>

Google's calendar can be accessed from any computer and can be shared so others can see your schedule.

**Evernote:** <http://www.evernote.com/>

Evernote is an online tool that allows you to capture and organize websites, pictures, lists, and notes.

Also discussed was a system called Inbox Zero, in which you keep no emails in your inbox, but instead process or file them as they come in to help avoid email overload. Learn more about Inbox Zero on this site: <http://www.43folders.com/izero>

Some suggested books to help you out: *Keeping Found Things Found: The Study and Practice of Personal Information Management* by William Jones, *Getting Things Done* by David Allen and *The Power of Less: The Fine Art of Limiting Yourself to the Essential...in Business and in Life* by Leo Babauta

### Nevada RADAR Network Associate Centers

Churchill Community  
Coalition  
(775)423-7433

NV Statewide Native American  
Coalition  
(775)355-0600

Frontier Community  
Coalition  
(775)623-6382

P.A.C.E. Coalition  
(775)777-3451

Goshen Community  
Development Coalition  
(702)648-1438

Partnership of Community  
Resources  
(775)782-8611

Stephanie Asteriadis  
Marie Tully

### Created by:

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Coordinator

**Marie Tully**  
Library Technician



## Important Dates

### **Call for Submissions for 2009 Avant-Garde Award for Innovative Research in the Treatment of HIV/AIDS in Drug Abusers**

This award is designed to support investigators of exceptional creativity who propose bold and highly innovative new research approaches that cannot be easily supported by other award mechanisms, and that have the potential to produce a major impact on treatment and/or prevention of HIV/AIDS among drug users. The award will provide up to \$500,000 direct costs per year for five years to a select two or three exceptionally creative investigators, to pursue innovative, cutting edge research. Additional information is available at <http://drugabuse.gov/avgp.html>

Pre-applications are being accepted January 27-February 27, 2009

### **High-Risk Drinking or Violent Behavior among College Students Grant**

The goal of this grant competition is to provide funds to develop or enhance, implement, and evaluate campus- and/or community-based prevention and early intervention strategies to prevent high-risk drinking or violent behavior among college students. View the full application packet at <http://nevadaprc.org/docs/CollegeGrant.pdf>

Submission deadline is January 30, 2009.

### **Call for Papers for the 2009 Crime Mapping Research Conference**

Presentations and workshops for the 10th conference will highlight geographic principles in research, geographic applications in practice, technology demonstrations, and solutions for crime and public safety problems. Call for Papers: <http://www.ojp.usdoj.gov/nij/events/maps/welcome.htm>

Submissions due January 30, 2009

### **2009 Science and Service Awards**

The Substance Abuse and Mental Health Services Administration (SAMHSA) has issued a call for applications for its 2009 Science and Service Awards, a national program that recognizes community-based organizations and coalitions that have shown exemplary implementation of evidence-based mental health and substance abuse interventions. Awards will be made in each of the five categories: substance abuse prevention, treatment of substance abuse and recovery support services, mental health promotion, treatment of mental illness and recovery support services, and co-occurring disorders. Application Information: <http://nevadaprc.org/docs/2009AwardsAnnouncement.pdf>

Applications are Due February 27, 2009

**Be sure to check the NPRC website often for new events, workshops, and important deadlines!**

**<http://www.NevadaPRC.org>**

*UNLV School of Social Work &  
Community Counseling Center of Southern Nevada*  
**CEU Workshop Series**



**SAVE THE DATES!**

**Treating Clients  
with PTSD**

Ron Lawrence, MFT,  
LADC  
Executive Director of  
CCC  
Friday, Feb. 20, 2009  
8:30AM-3:00PM

**Working with  
HIV/AIDS Clients**

Antioco Carrillo, LSW,  
LADC  
HIV/AIDS Program  
Director of CCC  
Friday, March 27, 2009  
8:30AM-3:00PM

**Ethics and Liability  
in Social Work**

Joanne Thompson, PhD  
Director of UNLV  
School of Social Work  
Friday, May 1, 2009  
8:30AM-3:00PM



**REGISTRATION INFORMATION**

- ❖ Contact: Jennifer Nutton at [jennifer.nutton@unlv.edu](mailto:jennifer.nutton@unlv.edu) or **(702) 895-2903** for registration information.
- ❖ CEUs applied for: Alcohol, Drug & Gambling Counselors, Marriage & Family Therapists and Social Workers.
- ❖ Fee per workshop: \$115 or \$95 prepay.
- ❖ Location: Community Counseling Center of Southern Nevada, 1120 Almond Tree Lane, #207, Las Vegas, NV 89104.

## Upcoming Events:

**January 27, 2009 11:00** - Promoting Acceptance and Social Inclusion for People with Mental Health Problems in the Workplace

When employers value practices and policies that promote the mental health and well-being of their employees, perceptions and attitudes about mental illnesses improve and acceptance of these issues in the workplace increases. Learn more at this hour long teleconference. Register Here: <http://www.promoteacceptance.samhsa.gov/teleconferences/registration/default.aspx>



**January 29, 2009** - Partnership Power: Anti-Drug groups and Law Enforcement

Finding common ground can really make a difference. During this hour-long CADCA-TV training broadcast, learn from leaders who have good relationships now, but that wasn't always the case. See what they learned and how you can make progress in your community. Find more information at: [http://www.mctft.com/telecasts/view\\_course.aspx?telecastID=2009-01-29-1](http://www.mctft.com/telecasts/view_course.aspx?telecastID=2009-01-29-1)

**February 11, 2009, 6:30-9:30pm--** Kids Deserve a Safe Place to Grow: Recognizing and Reporting Child Abuse and Neglect Core Knowledge Area: Health, Nutrition and Safety

Child Care Workshops presented as a FREE service by University of Nevada Cooperative Extension and the State Bureau of Services for Child Care. Held at the Carson City Cooperative Extension, 2621 Northgate Lane, Suite 12, Carson City. For information, contact Teri Spraggins at [spragginst@UNCE.unr.edu](mailto:spragginst@UNCE.unr.edu). Register by phone beginning 1/28/09: 887-2252.

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## NPRC Materials Update

### Library Materials Update

The Library Materials update tells you what items have been added to the library collection. Most of these items are available for checkout and can be sent to your location. To search the online library catalog, please visit <http://library.washoe.k12.nv.us/webopac/main?siteid=804>.

Books	Call Number	Title	Acquisition Date
	BADA VF ELDERLY 1	Psychosocial issues for older adults in disasters.	12/12/2008
	BADA VF YOUTH 1	Psychosocial issues for children and adolescents in disasters.	12/12/2008

Bulk materials on page 5

## Bulk Materials Update

There are four sections in the bulk materials update. The first is *New Materials* which includes everything that has been added to the clearinghouse database. Second is the *Back in Stock* section which includes items that were previously archived but are now available again. Next is the *Archived/Out of Stock* section. These items are out of stock at NCADI and the NPRC does not have any to distribute. Last are the *Discontinued* items. In this section are all items that can no longer be found and the NPRC has no copies of them. As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

	Title	Date Added	NPRC #
1	Saturation Points and Sobriety Checkpoints guide	12/3/2008	1243
2	Prom Postcard	12/4/2008	1244
3	Marijuana Leaf Maze Postcard	12/4/2008	1245
4	How Fetal Alcohol Spectrum Disorders Co-Occur With Mental Illness	12/5/2008	1246
5	Fetal Alcohol Spectrum Disorders Among Native Americans	12/5/2008	1247
6	When Your Child Faces the Juvenile Justice System	12/5/2008	1248
7	What Do I Do? Helping Your Kids Understand Their Sibling's Fetal Alcohol Spectrum Disorder	12/5/2008	1249
8	My Sibling Has a Fetal Alcohol Spectrum Disorder Can I Catch it?	12/5/2008	1250
9	Fetal Alcohol Spectrum Disorders By The Numbers	12/5/2008	1251
10	Detoxification and Substance Abuse Treatment Training Manual Based on TIP 45	12/5/2008	1252
11	You're Smart Enough Print Ad	12/5/2008	1253
12	Psychosocial Issues for Children and Adolescents in disasters	12/5/2008	1254
13	Psychosocial Issues for Older Adults in Disasters	12/5/2008	1255
14	Managing Stress: Tips for Emergency and Disaster Response Workers	12/5/2008	1256
15	Tips for Talking to Children After a Disaster: A Guide for Parents and Teachers	12/5/2008	1257
16	Tips for Survivors of a Traumatic Event: What to Expect in Your Personal, Family, Work, and Financial Life	12/5/2008	1258
17	Tips for Managing and Preventing Stress: A Guide for Emergency and Disaster Response Workers	12/5/2008	1259
18	Tips for Talking to Children in Trauma: Interventions at Home for Preschoolers to Adolescents	12/5/2008	1260
19	Bullies: a Serious Problem for Kids	12/23/2008	1261
20	You know you shouldn't drink, right?	12/23/2008	1262
21	Drugs are Bad Cartoon	12/29/2008	1263
22	What should we do?	12/29/2008	1264
23	Northern Nevada Al-Anon Meeting Schedule	1/5/2009	1265
24	Online Exposure: Teens at risk and parents disconnected	1/8/2009	1266
25	Teen Online Exposure: A Snapshot of Data	1/8/2009	1267
26	What do you know? Pop culture quiz	1/8/2009	1268
27	Veterans Affairs Suicide Prevention Card	1/9/2009	1269
28	Having Trouble coping after a disaster? There is hope	1/9/2009	1270
29	Assessing Suicide Risk: Initial tips for counselors	1/9/2009	1271
30	Assertive community Treatment	1/9/2009	1272
31	After a Disaster: What teens can do	1/9/2009	1273
32	In the Wake of Trauma: tips for college Students	1/9/2009	1274
33	Tips for survivors of a traumatic event: Managing your stress during a disaster	1/9/2009	1275
34	Anti-Stigma Poster	1/9/2009	1276

## In the News

**The Substance Abuse and Mental Health Services Administration (SAMHSA)** announced the appointment of three new members to the Center for Substance Abuse Treatment (CSAT) National Advisory Council. They include:

Arthur C. Evans, Jr., Ph.D., director, Philadelphia Department of Behavioral Health and Mental Retardation Services, and former acting commissioner, Department of Human Services  
Carrick Anne Forbes, student and speaker, Hastings on Hudson, N.Y.

Peter C. Formaz, NCAC-II, LAC, Behavioral Health Services, Benefits Healthcare, Helena, Mont.

Read the full story at: <http://www.samhsa.gov/newsroom/advisories/0811182926.aspx>

**The Substance Abuse and Mental Health Services Administration (SAMHSA)** announced the appointment of two new members to its National Advisory Council. New members include: Hortensia Amaro, Ph.D., distinguished professor and associate dean, Bouvé College of Health Sciences and director, Institute on Urban Health Research, Northeastern University, Boston  
Flo A. Stein, M.P.H., chief, Community Policy Management, North Carolina Division of Mental Health Developmental Disabilities and Substance Abuse Services, Raleigh

Read the full story at: <http://www.samhsa.gov/newsroom/advisories/0811181833.aspx>

**Join Together and CASA**, the National Center on Addiction and Substance Abuse at Columbia University, are merging. David Rosenbloom, PhD, who founded Join Together in 1991, will become President and CEO of CASA, succeeding Joseph A. Califano, Jr., who founded CASA in 1992 and has been its Chairman and President since then. Califano will continue to serve as CASA chairman. Read more on the merger at <http://www.jointogether.org/>

### Planning Ahead:

A look at some observances in the next few months:

**January 2009** - National Birth Defects Prevention Month

[http://www.marchofdimes.com/professionals/14332\\_1206.asp](http://www.marchofdimes.com/professionals/14332_1206.asp)

**February 22-28, 2009** - National Eating Disorders Awareness Week

<http://www.nationaleatingdisorders.org/>

**March 1-7, 2009** - National Problem Gambling Awareness Week

<http://www.ncpgambling.org/>

If you want help with finding resources or planning for these events, please let us know. Also, if you plan something, tell us so we can include it in a future newsletter.

## Local Events

On October 1st, 2008 NyE Communities Coalition started its Impaired Driving Awareness campaign in Nye and Esmeralda Counties after being awarded a grant from the Nevada Department of Public Safety: Office of Traffic Safety.

NyE CC's creative approach to this community problem included mounting a STISIM Technologies DUI Simulator (graciously donated to the coalition by JTNN/NHP) into a sports car façade. Along with the DUI Simulator, NyE CC created a "Fatal Vision Maze" that incorporates the use of Fatal Vision Goggles. Participants navigate the maze wearing the Fatal Vision Goggles and attempt to make it through the maze without touching the side ropes as well as trying to gather "Quick Facts" related to underage drinking and impaired driving.

Combined with these two activities, is a power point presentation that helps participants clarify the various levels of impairment on the brain, vision and physical reactions and how this impairment affects their driving capabilities based on one's level of BAC. In addition to this, the program helps participants recognize the various levels of impairment in others which will hopefully lead to greater "peer pressure" not to drink and drive and/or reduce the incidences of riding in a vehicle with an impaired driver.

The goal of the program is to raise the level of the "perception of risk" related to drinking and driving with the ultimate goal of reducing motor vehicle injuries and deaths related to impaired driving. The creators of the program wanted to move away from the "shock/fear" approach oftentimes used in the attempt to persuade youth and young adults not to drive while impaired to helping them identify what risks they are exposing themselves and others to if and when they choose to drink and drive. By taking this approach, it is believed participants will be more open to the learning process and be more prepared to make informed decisions related to impaired driving and its potential consequences.



Left: The DUI Simulator mounted inside the sports car façade.

Right: The "Fatal Vision Maze" set up for a community education program in Pahrump, NV. in collaboration with the Nye County Sherriff's Office Child's Safety Seat Campaign.



Left: The DUI Simulator and trailer which has "Quick Stats" posted on the outside and information dissemination displays on the inside.

Right: A participant gets ready to enter the "Fatal Vision Maze" to experience vision impairment and its potential consequences.



# Professional Development Opportunities

For information on any SAPTA sponsored workshops or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/training.html> Contact information for workshops not sponsored by SAPTA is listed in the course description.

## **Confidentiality, HIPAA & 42 CFR Part II in Nevada**

This workshop will cover federal and Nevada rules of confidentiality.

Jan. 15 - Las Vegas, NV Cooperative Extension

Jan. 22 - Reno, UNR, WRB 1003

## **Substance Abuse Prevention Specialist Training (SAPST)**

Use the registration form found at <http://casat.unr.edu/docs/SAPTA08-09regform.pdf>

Feb. 4-6 - Elko

## **Southeastern conference on Addictive Disorders (SECAD) 2009**

SECAD 2009 will include a full range of educational opportunities developed by NAATP (The National Association of Addiction Treatment Providers) and NAADAC, The Association for Addiction Professionals, including:

- General session keynote presentation from industry experts
- Panel discussions with recognized industry leaders from treatment, insurance, and government
- Pre-conference workshops to provide small setting highly interactive learning
- Pre-conference ethics lectures for counselors and clinicians needing as many as 6 CEUs
- Knowledge Track Sessions – allowing you to pick from 3 topic areas each educational hour

Additional information is available on the SECAD web site: <http://www.secad09.com>

February 8-11, 2009 - Atlanta, Georgia

## **Treating Clients with PTSD**

Put on by the UNLV school of Social Work and the Community Counseling Center of Southern Nevada and taught by Ron Lawrence, MFT, LADC. CEUs have been applied for: Alcohol, Drug, and Gambling Counselors, Marriage and Family Therapists, and Social Workers. Contact Jennifer Nutton at [jennifer.nutton@unlv.edu](mailto:jennifer.nutton@unlv.edu) for more information. Flyer: [http://nevadaprc.org/docs/PTSDWorkshopFlyer\\_2009Series.pdf](http://nevadaprc.org/docs/PTSDWorkshopFlyer_2009Series.pdf)

Registration Form: [http://nevadaprc.org/docs/WorkshopRegistrationForm\\_2009Series-1.pdf](http://nevadaprc.org/docs/WorkshopRegistrationForm_2009Series-1.pdf)

February 20, 2009 - Community Counseling Center of Southern Nevada

## **Beginning ASAM**

Feb. 23-24 - Las Vegas, NV Cooperative Extension

Feb. 25-26 - Reno, UNR, WRB 1003

To sign up for the NPRC Update, please visit [http://casat.unr.edu/mailman/listinfo/nprc\\_update](http://casat.unr.edu/mailman/listinfo/nprc_update)  
View all past issues or submit an item at [http://nevadaprc.org/nprc\\_update.php](http://nevadaprc.org/nprc_update.php)