



Nevada Prevention Resource Center

Update

December 2010 Volume 5 Number 12

In this issue:

Welcome!

NPRC Materials Update
Bulk Materials

Local News

Webinars

Planning Ahead

Upcoming Events

Professional Development

Grant Opportunities

In the News

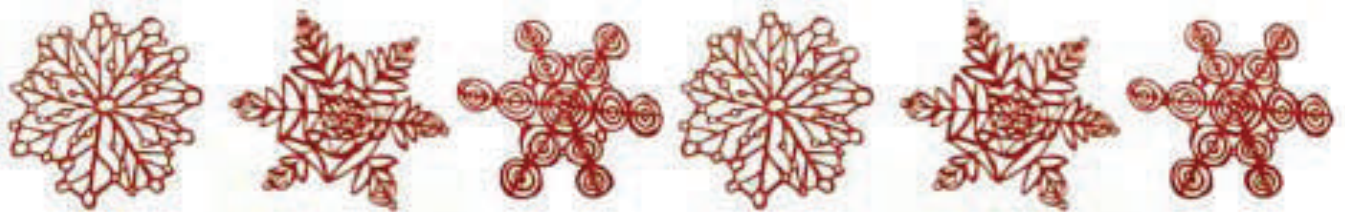
Winter and the holiday season are well upon us and with them come busy schedules and a lot of fun.

Remember to have a safe and healthy holiday season and to make sure your guests do too. Enjoy some yummy non-alcoholic drinks like the ones found at http://ofsubstance.gov/blogs/pushing_back/archive/2010/12/08/51747.aspx and be sure that nobody drinks and drives.

Office and library hours for the NPRC are 8:00-4:30 during the University's winter break, December 15 – January 18. Please note that we will also be closed December 24 and 31 in observance of the holidays.

Happy holidays to you as well as your family and friends from the Nevada Prevention Resource Center!

Stephanie Asteriadis
Marie Tully



Nevada RADAR Network Associate Centers

Churchill Community
Coalition
(775)423-7433

Frontier Community
Coalition
(775)623-6382

NV Statewide Native American
Coalition
(775)355-0600

P.A.C.E. Coalition
(775)777-3451

Partnership of Community
Resources
(775)782-8611

Created by:

Stephanie Asteriadis
Coordinator

Marie Tully
Library Technician

NPRC Materials Update

Bulk Materials

These materials are available for to order by any Nevada resident.

Search for more and order online at

<http://roar.nevadaprc.org>

For the most up to date list of new materials, please sign on to our online ordering system.

NPRC #	Title
1536	Building Bridges: Mental Health Consumers in Intergenerational Dialogue
1537	El alcohol y la depresion: El camino de Jorge hacia una vida mejor (Alcohol and Depression: The Path to a Better Life)
1538	Substance Abuse Specialists in Child Welfare Agencies and Dependency Courts: Considerations
1539	Drug Testing in Child Welfare: Practice and Policy Considerations
1540	Talking with Your Adult Patients about Alcohol, Drug, and/or Mental Health Problems
1541	Should You Talk to Someone About a Drug, Alcohol, or Mental Health Problem?
1542	Drugs, Alcohol and HIV/AIDS (Chinese version)
1543	Drugs, Alcohol and HIV/AIDS (Vietnamese version)
1544	Drugs, Alcohol and HIV/AIDS (Korean version)
1545	Establishing and Maintaining Medicaid Eligibility upon Release from Public Institutions
1546	Beyond hangovers: Understanding alcohol's impact on your health
1547	Rethinking Holiday Drinking
1548	Marijuana and Depression
1549	Alcohol and Drug Problem Overview
1550	Drug & Alcohol Fact sheet

Was this newsletter forwarded to you? Do you want it to come directly to your inbox?

Visit

https://lists.unr.edu/sympa/subscribe/nprc_update

to sign up!

"This publication was supported by the Nevada State Health Division through Grant Number B1 NVSAPT from the Nevada Department of Human Resources, State Health Division, Bureau of Alcohol and Drug Abuse and the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Substance Abuse Prevention and Treatment Block Grant. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services nor the Nevada State Health Division."

Local News

New Glee Club at Silver Stage High School

When Cara Childs of the Silver Stage Task Force asked local teens what sorts of activities they'd like to see added to their community, one frequent answer was, "How about a glee club or show choir?" She set to work finding funding, and found it through Healthy Communities Coalition of Lyon and Storey last month.

Since then, she has been swamped with requests to join the quickly developing club. She drafted a school proposal for a Nighthawk's Glee Club at Silver Stage High School, earned student body approval, and brought music teacher Stephen Carmack on board as the faculty advisor.

Glee Club Will Have a Health and Wellness Component: through lyric writing and performance in the community and schools, the group will learn about and communicate ATOD (alcohol, tobacco and other drug) prevention facts and concepts through music (modeled to some extent on the music contest by NIDA.)

Visitors from groups such as Project Success, Office of Suicide Prevention, and Stand Tall will meet with the students to assist them in developing messages about wellness, sobriety, and anti-bullying within their performances.

Contract: Cara Childs at 315-2990 for more information

"The PACT Coalition is the answer to southern Nevada's need for an alliance of like-minded professionals working symbiotically to meet the substance abuse prevention and advocacy needs of our community."



The Coalition is a community network of community leaders that seek to provide Nevada

with the resources to prevent substance abuse and promote recovery. They seek to execute their mission through culturally competent advocacy, education, stigma reduction, support and outreach.

PACT meets the third Wednesday of every month at 8AM at the Cambridge Center in Las Vegas. For more information, please visit www.drugfreeLasvegas.org. Our next meeting is on January 19th.

The Coalition envisions a community in which every layer of society is involved in the prevention of harm and the advocacy of education. Please join PACT in their investment of our communities.

Big Brothers Big Sisters of Northern Nevada has moved its main office in Reno to



Big Brothers Big Sisters

745 West Moana Lane, Suite 104. This is near the former location of the IRS, and St. Mary's and also the location of Mohave Mental Health, between Lakeside and S. Virginia St. in Reno.

The new sign for the one to one youth mentoring organization is large and reflects the new tag line of "Start Something." "Our new tag line is a call to action to engage people in our work to change the future for children are facing adversity, those children in poverty and who live in fractured families. We know in Washoe County alone, there are at least 15,000 children living in poverty, a 50% increase since 2001," reported Pat Fling, CEO of the local Big Brothers Big Sisters agency.

To sign up as a volunteer mentor or for more information: www.bbbsnn.org or 352.3202

Webinars

January 12, 2011 1:00-2:39pm - Cribs for Kids
More information to come!

January 20, 2011 - Healthcare Reform: An Overview
More information to come!



Upcoming Events:

January 7, 2011 8:00am-2:25pm - Healthy Hawks Day
This event will include guest speakers as well as a vendor health fair. See the flyer and registration form at <http://nevadaprc.org/docs/HealthyHawks.pdf> for more information.

Planning Ahead:

A look at some events in the next few months:

December 2010 - National Impaired Driving Prevention Month
<http://www.stopimpaireddriving.org/planners/HolidaySeason2010/>

January 2010 - National Birth Defects Prevention Month
<http://nbdpn.org/>

February 7, 2011 - Community Prevention day
<http://samhsa.gov>



Find the NPRC on Facebook!

<http://www.facebook.com/NevadaPRC>

Local News, continued

Silver Stage High Art Mural: In January, Silver Stage High School "S" Club members will work with interested High School Leadership students and Stand Tall ATOD use prevention and leadership members in creating an art mural in the high school commons. This mural will feature student-generated messages against bullying and drug and alcohol prevention and wellness messages. This school-wide project is being directed by Cassandra Darrough, Youth Suicide Prevention Coordinator for the State of Nevada Office of Suicide Prevention with funding support from SAPTA and DFC funding through Healthy Communities Coalition of Lyon and Storey and Silver Stage Task Force. For more information, contact Peggy Edwards at Silver Stage High in Silver Springs, Nevada: 577-5071.

Join together Northern Nevada and the Mayor of Reno have come together to give a message about heroin use to Northern Nevadans. Read it here:

<http://www.jtnn.org/component/banners/click/17.html>



The Foundation for Recovery is hosting their annual **“Staying Clean for the Holidays”** recovery initiative on Facebook (www.facebook.com/foundationforrecovery).

The initiative is a social media event where people in recovery and their allies can share their success stories, struggles, and tips for staying clean during the holidays from now until New Years.

It presents the opportunity for anyone around the world with a Facebook account to connect with the global recovery community.

This interactive event is the perfect forum to give the gift of recovery to others throughout the holiday season.

Please help us by participating and promoting this event by visiting our website at <http://forrecovery.org/> and clicking on the “Staying Clean for the Holidays” banner.

Professional Development Opportunities

For information on any classes provided by SAPTA/CASAT call 1-866-617-2818 or 775-784-4707. Register for SAPTA/CASAT classes online at <http://pctx.casat.org/>

Ethics in Substance Abuse Prevention online course

This 3 week online course is being offered free of charge for prevention professionals. Please view the flyer at <http://nevadaprc.org/docs/OnlineEthics.pdf> and registration form at <http://nevadaprc.org/docs/OnlineEthicsRegistration.doc> for more information. This course will provide 8 contact hours and registration is due December 27, 2010.

January 3-28, 2011

Freedom from Smoking Facilitator Training

The training equips those who attend with the understanding and skills needed to successfully facilitate a tobacco intervention group program. The FFS program includes comprehensive behavior modification techniques, and deals with both the physical and psychological addictive nature of nicotine. The program's group setting provides a much needed support element, which is basic for anyone trying to quit. The program has been proven effective for over 25 years in helping those who want to quit smoking to quit for good. The training is free and lunch and materials are provided. If you are a non-smoker and have been smoke-free for at least one year and want to facilitate the Freedom from Smoking program in your community or organization, please call Richard Davis at 702-431-6348 or email rdavis@lungnevada.org.

January 6-7, 2011 - ALA office on 3552 W. Cheyenne Ave., Ste. 130, North Las Vegas, NV 89032

Grants and Submissions:

Free the Bowl 2011 contest

Marin Institute has launched its third annual, countrywide, anti-alcohol-advertising contest at FreeTheBowl.com. This year's theme - "Free the Bowl from Beer Ads" - seeks original, 30-60 seconds long, "performance art" counter-beer-ads from youth and young adults ages 10-20. Submissions due January 24, 2011

Has you or your organization done
something great?

Are you planning an event?

Did you go to an amazing conference?

Then tell us!

We love to include local events and reviews in the Update.

Submissions for the next Update are due January 10, 2010

In the News

SAMHSA's National Registry of Evidence-Based Programs and Practices (NREPP) highlights new resources

The Substance Abuse and Mental Health Services Administration (SAMHSA) today added several new resources to its National Registry of Evidence-based Programs and Practices (NREPP) Web site. These resources will assist program developers considering NREPP submissions, as well as individuals and organizations who are seeking to successfully implement evidence-based interventions. See them at <http://www.nrepp.samhsa.gov/>

DEA to Ban 'Synthetic Marijuana'

The U.S. Drug Enforcement Administration (DEA) has enacted an emergency ban on five synthetic marijuana chemicals, [The New York Times](#) reported Nov. 24. During the temporary ban, the DEA said they will research if the products should remain illegal, controlled substances permanently. Read more at <http://www.jointogether.org/news/headlines/inthenews/2010/dea-bans-synthetic-marijuana.html>

SAMHSA announces the 2010 Science and Service Award winners

The Substance Abuse and Mental Health Services Administration (SAMHSA) has selected 28 organizations to receive the agency's 2010 Science and Service Awards. These awards recognize exemplary implementation of evidence-based interventions that have been shown to prevent and/or treat mental illnesses and substance abuse. See all of the winners at <http://www.samhsa.gov/scienceandservice/>



The Foundation for Recovery is pleased to announce our donation match program. Over the past few years the Foundation has earned the support of much of the community, including an anonymous donor who has agreed to match contributions that the Foundation receives until December 31, 2010.

This is a dollar for dollar match for every contribution given to the Foundation over \$100. Contributions go towards treatment scholarships for those who are currently in the throes of addiction, addiction studies scholarships to help students become addiction professionals, the printing and distribution of the Foundation's Southern Nevada Recovery Resource Directory and so much more!

Whether you give \$100 or \$100,000, your contribution will make a difference in the lives of individuals affected by the disease of addiction. You can make your contribution on the Foundation for Recovery's website www.ForRecovery.org.