



# Nevada Prevention Resource Center

## Update

December 2007 Volume 2 Number 12

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This past month saw the release of the Monitoring the Future study for 2007, showing a slight decline in any illicit drug use by 12<sup>th</sup> graders. The same study, however, showed no decline in the non-medical use of prescription drugs, and indicates that the 12<sup>th</sup> graders surveyed in 2007 showed a lifetime use of alcohol at 46.8%. Alcohol is still clearly the drug of choice on a national level. And Reno, at least, seems no different than the rest of the nation. At the same time the national survey data was released, police in Reno released the results of an alcohol sting operation that included 97 stores in the Reno area. Of the 97 stores that two volunteer minors entered and tried to buy alcohol, 42% sold to those minors. A Reno Gazette Journal editorial asked the question: "Is it really possible that the owners and employees of 41 convenience stores in the Truckee Meadows aren't aware of the laws regarding the sale of alcoholic beverages?" The obvious answer is that either the owners and employees are unaware or they don't care.

This is not a simple issue. Although the laws have been passed, the agency charged with overseeing enforcement of the law has not acted to inform businesses of the new law, so many of them don't know. The police department has attempted to enforce the law, but is not funded or staffed to do frequent stings. Local community and school prevention efforts support the law and are working together to find solutions, including parent programs, student programs, and training programs for clerks and business owners, but to realize that these programs are not having a significant impact on the problem is very frustrating for all concerned.

How are the efforts in the rest of Nevada fairing? What does your community or agency do to address underage access to alcohol and underage drinking? Please

share your successes and your frustrations, your ideas and your thoughts. We have many resources, both hard copy and electronic to help in your efforts. We are here to assist in providing the resources you need as you work to impact youth access to alcohol and we would love to help.

We hope, as the year draws to a close, that you have found meaning and fulfillment in whatever efforts you have made in substance abuse and related fields and that 2008 holds more of the same.

Happy holidays!

Stephanie Asteriadis  
Marie Tully

### Nevada RADAR Network Associate Centers

BEST Coalition  
(702) 385-0684

Churchill Community  
Coalition  
(775)423-7433

Frontier Community  
Coalition  
(775)623-6382

Goshen Community  
Development Coalition  
(702)648-1438

NV Statewide Native Ameri-  
can Coalition  
(775)355-0600

P.A.C.E. Coalition  
(775)777-3451

Partnership of Community  
Resources  
(775)782-8611

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## Planning Ahead:

A look at some events in the next few months:

January 2008 - National Birth Defects Prevention Month

[www.marchofdimes.com](http://www.marchofdimes.com)

February 2008 - National Prenatal Infection Prevention Month

[www.groupbstrepinternational.org/](http://www.groupbstrepinternational.org/)

February 10-16, 2008 - Children of Alcoholics Week

[Www.nacoa.org](http://Www.nacoa.org)

A good time to  
talk about FASD!

If you want help with finding resources or planning for these events, please let us know. Also, if you plan something, tell us so we can include it in a future newsletter.

### Winter Hours!

Please note that the NPRC will be closed  
December 25, 2007 and January 1, 2008.  
The NPRC library hours have also been changed for the winter.  
December 20, 2007 - January 18, 2008 the library will be open  
Monday-Friday 8:00 am-4:30 pm.

## Workshops and Classes

For information on any classes provided by CASAT or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/training.html>

### Interim Groups: a Unique and Effective Bridge for Individuals Awaiting Treatment Services

This program provides services for people awaiting publicly funded treatment. Information will be provided on how to establish such groups in both rural and urban settings.

December 18 - Reno, UNR WRB 1003

December 19 - Las Vegas, CSN Cheyenne Campus.

### SAPST

This three day course will introduce participants to the fundamentals of prevention research and application.

January 9-11 - Reno, UNR WRB 1003

### Ethics & Confidentiality: An Update & Review: current Issues Facing the Substance Use Disorders Field

Participants will be exposed to the current literature and research regarding ethical practices, as well as provided a review of the Federal Confidentiality Rules and Regulations 42 CFR Part II.

January 23 - Reno, UNR WRB 1003

January 24 - Las Vegas, NV Cooperative Extension Service

# Upcoming Events:

## **December 18, 2007 3-4pm EST - Parental Involvement in Preventing Underage Drinking**

Parents can be effective in reducing the use of alcohol by youth under 21 by using a number of environmental strategies, such as preventing access of alcohol to youth, creating clear, consistent no-use messages, as well as partnering with local and state key stakeholders to address the issues related to underage drinking. The presenters on the call will share resources and effective strategies that can be duplicated in your community. To register for this and other upcoming calls, please visit <http://www.udetc.org/audioconfregistration.asp>.

## **January 31, 2008 1-2 EST - Raising Drug-Free Kids**

This telecast will provide coalitions and other community organizations with ideas to help parents keep their kids drug-free. Visit [http://www.mctft.com/telecasts/view\\_course.aspx?telecastID=2008-01-31-1](http://www.mctft.com/telecasts/view_course.aspx?telecastID=2008-01-31-1) for more information and to register.

## **January 31, 2008 - Deadline for Coming Up taller Award Nominations**

Nominations are now being accepted for the 2008 Coming Up Taller awards that recognize and reward outstanding after-school, out-of-school, and summer arts and humanities programs for underserved children and youth. Nomination guidelines and application are available at <http://www.cominguptaller.org/downloads/2008CUTNominationApplication.pdf>

## **February 23, 2008 6-11pm - Chair-ity Ball 2008**

Held at the Sienna Hotel and Spa in Reno, this event includes dinner, dancing, and an auction to help raise money and awareness for the Crisis Call Center. More information can be attained by contacting Allison Edwards at 775-784-8085.

## **March 1, 2008 - Deadline for the NIH Summer Internship Program**

Summer programs at the National Institutes of Health (NIH) provide an opportunity to spend a summer working side-by-side with some of the leading scientists in the world, in an environment devoted exclusively to biomedical research. These are a great opportunity for students 16 or older in high school, college, or medical school. For more information or to apply, please visit <http://www.training.nih.gov/student/sip/index.asp>



## Great Resources



**TIP 47** is the newest addition to the invaluable Treatment Improvement Protocol series of books. This TIP titled, Substance Abuse: Clinical Issues in Intensive Out-patient Treatment, addresses the practical needs of treatment providers as they design and implement IOT programs. Copies of TIP 47 are now available to order from the NPRC. Call 775-784-6336 to get it today!



**The Century Council** has created a video highlighting some of the less cheerful things about the holidays, including drunk driving. The video is available to watch at <http://www.centurycouncil.org/ecards/holiday/index.cfm?user=subscriber> and can be easily emailed to family, friends, and coworker to remind them to have a safe holiday season.



# NPRC Materials Update

## Library Materials Update

The Library Materials update tells you what items have been added to the library collection. Most of these items are available for checkout and can be sent to your location. To search the online library catalog, please visit <http://207.212.112.252/webopac/main?siteid=804>.

Serials	Call Number	Title	Issue
	BADA VF EDUCATORS 1	Heads up : real news about drugs and your body.	Teacher's Edition
	BADA VF EDUCATORS 1	Heads up : real news about drugs and your body.	Student Edition
	BADA 362.29120835 MON	Monitoring the future : national survey results on drug use.	Vol. 2, 2006
	BADA JOURNAL NID	NIDA Notes	Vol. 21, No. 4
	BADA JOURNAL NPRC	NPRC update : Nevada's RADAR network monthly e-bulletin	Vol. 2, No. 10
	BADA JOURNAL SER	Serie de reportes de investigacion.	Sept. 2007

Videos	Call Number	Title
	BADA VID 362.25 BEY	Beyond the game Nevada seniors & problem gambling.
	BADA VID 362.2 INS	Inside outside building a meaningful life after the hospital
	BADA VID 460 INS	Inside outside building a meaningful life after the hospital

Books	Call Number	Title
	BADA 362.25 PRO	Problem gamblers and their finances : a guide for treatment professionals

## Coat Drive!

The School of Social Work, sponsored by SWGSA/Phi Alpha, is collecting all types of gently used, winter gear (coats, sweaters, hats, scarves, gloves/mittens) that will be provided to Reno's homeless citizens during the Stand Down held on January 22, 2008. Donations can be made at UNR in the Sarah Fleischman Building, room 100 and Social Work AB 523. If you have any questions, please contact Meredith at [meredith@unr.nevada.edu](mailto:meredith@unr.nevada.edu), or Ana at [huntsbe2@unr.nevada.edu](mailto:huntsbe2@unr.nevada.edu).

## Bulk Materials Update

There are four sections in the bulk materials update. The first is *New Materials* which includes everything that has been added to the clearinghouse database. Second is the *Back in Stock* section which includes items that were previously archived but are now available again. Next is the *Archived/Out of Stock* section. These items are out of stock at NCADI and the NPRC does not have any to distribute. Last are the *Discontinued* items. In this section are all items that can no longer be found and the NPRC has no copies of them. As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

New	Title	NPRC #
1	The raising kids who don't smoke series tip sheet no. 1 - Parenting styles and youth smoking	1014
2	The raising kids who don't smoke series tip sheet no. 2 - Talking to pre-teens about not smoking	1015
3	The raising kids who don't smoke series tip sheet no. 3 - Preventing Kids' Access to Cigarettes.	1016
4	What's a Parent to say? Talking to Your Teen About Alcohol, Tobacco, and Other Drugs	1017
5	What's a Parent to say? Talking to Your Teen About Alcohol, Tobacco, and Other Drugs (Que Puede Decir un Padre? Hablando con su Adolescente Sobre el Alcohol, Tabaco Y Drogas)	1018
6	Parent Resource Bibliography	1019
7	Internet Resources List	1020
8	Do you speak teen?	1021
9	So, what can I do about it? : You can play a powerful role in eliminating underage drinking.	1022
10	Underage Drinking... Myth vs. Reality	1023
11	Protective Factors - What Parents Can Do	1024
12	Risk Factors - What Parents Can Do	1025
13	Keeping Teens Involved in the Family	1026
14	It's all in the Family	1027
15	Power of Parental Influence	1028
16	Talking with Your Teen About Alcohol	1029
17	Communicating With Your Teen	1030
18	Parents Encouraging Healthy Choices on Health, Nutrition, Exercise	1031
19	Parents Encouraging Healthy Choices on Health, Nutrition, Exercise (Padres exhortan decisiones saludables para salud, nutrition y ejercicio)	1032
20	Transition from Middle School to High School	1033

Has you or your organization done something great?

Are you planning an event?

Did you go to an amazing conference?

**Then tell us!**

We love to include local events and reviews in the Update.

Submissions for the January Update are due January 10, 2007.

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