



Nevada Prevention Resource Center

Update

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As you will see in both the learning opportunities and upcoming events section of this newsletter, September is a very busy month. We are happy to report that there are a large number of Recovery Month activities planned throughout Nevada including a variety of walks, picnics, and a softball tournament. Other National observances in September include National Suicide Prevention Month and FASD Awareness Day. The NPRC contains a variety of materials that would be ideal for either of these events, both in bulk and in the NPRC library. To learn more, please call us at 775-784-6336 or visit our website at <http://www.NevadaPRC.org>.

An important Autumn event that is not to be forgotten is the start of the school year. The start of the year is an ideal time to get information about substance abuse to parents, teachers and students through parent nights, welcome back socials, and teacher trainings. Look throughout this issue of the Update for resources available from the NPRC for parents, teachers, and students of all ages.

Stephanie Asteriadis
Marie Tully

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Nevada RADAR Network Associate Centers

Churchill Community
Coalition
(775)423-7433

Frontier Community
Coalition
(775)623-6382

Goshen Community
Development Coalition
(702)648-1438

NV Statewide Native American
Coalition
(775)355-0600

P.A.C.E. Coalition
(775)777-3451

Partnership of Community
Resources
(775)782-8611

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Planning Ahead:

A look at some events in the next few months:

September - National Alcohol and Drug Addiction Recovery Month

<http://www.recoverymonth.gov/>

September 6-12, 2009 - National Suicide Prevention Week

<http://www.suicidology.org>

September 9, 2009 - FASD Awareness Day

<http://www.fasday.com/>

October 2009 - Healthy Lung Month

<http://www.lungusa.org/>

October 2009 - Talk about Prescriptions Month

<http://www.talkaboutrx.org/>

October 2009 - National Breast Cancer Awareness Month

<http://www.nbcam.org/>

October 5-11, 2009 - Mental Illness Awareness Week

<http://www.nami.org/>

If you want help with finding resources or planning for these events, please let us know. Also, if you plan something, tell us so we can include it in a future newsletter.

Resources for
Teachers:



Brain Power Kits, available for K-6

http://roar.nevadaprc.org/public_search/show/13



The Mind Over Matter
Series

http://roar.nevadaprc.org/public_search/show/543

Grant and Submissions Deadlines

HIV Prevention Projects for Community-Based Organizations

The purpose of the program is to support the development and implementation of effective community-based HIV prevention programs that reflect local prevention priorities and serve persons at high risk for acquiring or transmitting HIV; to promote collaboration and coordination of HIV prevention efforts among CBOs, health departments, and private agencies; and to build the capacity of CDC-funded CBOs delivering selected interventions to persons at high risk for acquiring or transmitting HIV.

Grant Information found at: <http://www.cdc.gov/hiv/topics/funding/PS10-1003/>

Letters of Intent due September 9

Application due October 26

CSAP's Prevention Fellowship Program

The Fellowship Program, launched in 2006, is designed to build a workforce of highly competent substance abuse prevention professionals. Each Fellow will be assigned to a state, community, or local agency to work on projects that promote skills development and knowledge of state-of-the-art prevention practices needed for direct, hands-on substance abuse prevention service work.

Information available at: <http://application.preventionfellowship.com/>

Application Due September 11, 2009.

Upcoming Events:

September 2, 2009 - Recovery in the Workplace: Treatment Benefits both Employees and Employers
This program will look at examples of companies investing in their employees, what it means to nurture a "drug-free workplace," and what the recently passed Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Act of 2008 means for employers. <http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Television-Series.aspx>

September 10, 2009 11:00-12:30 PST - Social Inclusion and Trauma Informed Care
This training will provide an overview of trauma and its importance as a social determinant for mental health and social inclusion, information on trauma informed care and effective strategies to educate the public on trauma informed care, and share a consumer perspective trauma and its relationship to mental health and social inclusion, and on the importance of trauma informed care. Register online at <http://www.promoteacceptance.samhsa.gov/teleconferences/registration/default.aspx>

September 12, 2009 11:00-2:00 - Boys and Girls Club 9th Annual Day for Kids
Join the Boys and Girls Club at Ardmore Park at 1200 12th street in Sparks for a free day of family fun including bounce houses, art and activities, and games. Flyer: <http://nevadaprc.org/docs/DayforKidsPosterSmall.pdf> For more information, contact Casey at cmcmullen@bgctm.org

September 12, 2009 - "Run Away From Meth" - Together We Learn Together We Heal
Celebrate those members of our community who are recovering from addictions with a 5K and 10K Walk/Run and 1/2 Marathon through Fallon, NV. We encourage anyone in our community that wants to participate to come join in. Learn more at <http://www.churchillrecovery.org/events.html> Flyer: <http://nevadaprc.org/docs/funrunEntry.pdf>

September 12, 2009 10:00am - Steppin' Out for Recovery
The 6th annual Steppin' Out for Recovery will take place at 10 a.m. on September 12 at the Virginia Lake Pavillion in Reno, NV. Call Denise for more information at 786-6880. Refreshments will be provided.

September 12, 2009 - Walk in Memory Walk for Hope
This 3 mile walk is to remember those who have died as a result of suicide as well as to raise awareness of the issue and prevent suicide. It is being held in several communities. Please see the flyer for your area at <http://nevadaprc.org/events.php> for details.

September 12, 2009 10:00-4:00 -Churchill County National Recovery Month Picnic and Fun Day
All Churchill County residents are invited to come and join in the celebration. Fun and Games for the Kids including a bounce house, sporting events, door prizes, BBQ/Picnic free to the public, motivational speakers, live band, Native American exhibition dancing, swing club dancing and many other events. Learn more at <http://www.churchillrecovery.org/events.html>

September 12, 2009 8:00-6:00 - Kara Kelly-Borgognone Memorial Ball Game
There will be one pitch softball game tournaments for anybody who wants to participate. At 11:00 noon we will have the 2nd Kara Kelly-Borgognone Memorial Softball game between members of law enforcement and members of the recovery community. Tournament play will resume after the memorial ball game has been completed. Learn more at <http://www.churchillrecovery.org/events.html> Flyer: <http://nevadaprc.org/docs/NationalRecoveryDaySoftballFlyer.pdf>

September 12, 2009 - Nevada Recovery Celebration
This free event will take place on September 12, 2009 at Cashman Center in Las Vegas, Nevada. The event will be a star-studded, fun-filled, informative, and inspirational day suitable for all ages. Learn more and register online at <http://www.nevadarecoverycelebration.com/>

September 26, 2009 11:00-3:00 - 9th Annual Recovery Picnic
Join Together Northern Nevada is hosting this event in Cottonwood Park in Sparks. Flyer: <http://nevadaprc.org/docs/RecoveryPicnic.pdf> Please call Brandi at 324-7557 for more information.



Professional Development Opportunities

For information on any classes provided by CASAT or to register call 1-866-617-2818 or 775-784-4707. The full schedule is also available online at <http://casat.unr.edu/training.html>

Counseling: A Process View

We will examine the parts of the counseling process (relationship building, assessment, goal-setting, intervention, termination) and the counselor skills associated with each component. Experiential exercises will help participants sharpen their skill-sets.

September 4, 2009 - Las Vegas, NV Cooperative Extension

September 11, 2009 - Reno, WRB 1003

Impact of Alcohol and Drug Abuse on the Adolescent Brain

This workshop is designed to address: current trends and research in adolescent alcohol use, critical peaks in brain development, and how alcohol and drugs affect brain development.

September 14, 2009 - Reno, UNR Student Union, 3rd floor

September 15, 2009 - Las Vegas, NV Cooperative Extension

2009 Early Childhood Health and Immunization Summit

This 2-day summit features presentations and discussions on current childhood health and immunization issues and practices. Topics also include addressing parents concerns, mental and oral health issues, billing and coding, screening and assessment. Register at: <http://immunizenevada.com/about-nic/summit/>

September 14-15, 2009

Nevada Law

Learn about more effective ways to work with Nevada's courts and criminal justice system and the most current legal and ethical codes for practicing and supervising as a licensed/certified addictions counselor.

September 17, 2009 - Reno, WRB 1003

September 22 - Las Vegas, NV Cooperative Extension

Prescription Drugs and the Addicted Brain

Dr. Alex Stalcup will be speaking at this workshop about drugs and the brain, how to spot a prescription drug abuser, and treatment tools. A variety of CEUs are available. RSVP to Brandi at 324-7557 by September 14.

Flyer: <http://nevadaprc.org/docs/flyersept2209.pdf>

September 22, 2009 - Sparks, NV Northern Nevada Medical Center

Promotion Awareness for Motivational Incentives (PAMI)

This NIDA/SAMHSA blending initiative focuses on informing the field about successful approaches in the use of motivational incentives.

September 29, 2009 - Las Vegas, NV Cooperative Extension

October 15, 2009 - Reno, UNR, WRB 1003

Signs and Symptoms

The basics of pharmacology emphasizing signs and symptoms as well as management of intoxication, overdose and withdrawal from specific drug groups will be highlighted. New chemical agents used as adjuncts to traditional treatment methods will also be discussed.

October 1-2, 2009 - Reno, UNR, WRB 1003

Imagine the Possibilities

This conference will provide information for those providing support or care for someone with disabilities or special health care needs. Learn about community organizations, partnerships between programs, and educational systems. Information: <http://nevadaprc.org/docs/ConferenceRegistration-ImagineThePossibilities.pdf>

October 2-3, 2009 - Reno, NV, UNR, Joe Crowley Student Union

NPRC Materials Update

Bulk Materials Update

There are four sections in the bulk materials update. The first is *New Materials* which includes everything that has been added to the clearinghouse database. Second is the *Back in Stock* section which includes items that were previously archived but are now available again. Next is the *Archived/Out of Stock* section. These items are out of stock at NCADI and the NPRC does not have any to distribute. Last are the *Discontinued* items. In this section are all items that can no longer be found and the NPRC has no copies of them. As always, copies of these materials may be available in the NPRC library collection. Please remember that this information may change during the course of the month, and will be updated in the next *Update*.

Title	NPRC #
Culture Card: American Indian and Alaska Native: A Guide to Build Cultural Awareness	1361
The NSDUH Report May 21, 2009	1362
The NSDUH Report May 28, 2009	1363
The NSDUH Report May 11, 2009	1364
Substance Abuse Treatment Advisory: Emerging Issues in the Use of Methadone Spring 2009	1365
TIP 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment	1366
Guidelines for Organizing Art Exhibitions on Addiction & Recovery	1367

Resources for Parents



House Tour Print
http://roar.nevadaprc.org/public_search/show/1339



Teen Party Guide
http://roar.nevadaprc.org/public_search/show/170

Library Materials Update

The Library Materials update tells you what items have been added to the library collection. Most of these items are available for checkout and can be sent to your location. To search the online library catalog, please visit <http://library.washoe.k12.nv.us/webopac/main?siteid=804>.

Books	Call Number	Title
	BADA 618.3268 RED	Reducing alcohol-exposed pregnancies : a report of the national task force on fetal alcohol syndrome and fetal alcohol effect
	BADA 362.29 TAP	TAP 30 : buprenorphine: a guide for nurses
	BADA JUV FIE	The sissy duckling
	BADA 362.29 TIP	TIP 49 : incorporating alcohol pharmacotherapies into medical practice
	BADA 362.29 TIP	TIP 50 : addressing suicidal thoughts and behaviors in substance abuse treatment

Kits	Call Number	Title
	BADA KIT 362.2918 JOI	Join the voices for recovery : together we learn, together we heal.

Serials	Call Number	Title	Issue
	BADA JOURNAL CSA	CSAT advisory : breaking news for the treatment field.	Vol. 8, iss. 1
	BADA 362.290973 EPI	Epidemiologic trends in drug abuse : proceedings	Jun-08
	BADA 362.29120835 MON	Monitoring the future : national results on adolescent drug use : overview of key findings.	2008
	BADA JOURNAL NID	NIDA Research report series.	Jun-09
	BADA JOURNAL NSD	The NSDUH report (formerly the NHSDA Report).	21-May-09
	BADA JOURNAL NSD	The NSDUH report (formerly the NHSDA Report).	28-May-09
	BADA JOURNAL NSD	The NSDUH report (formerly the NHSDA Report).	11-May-09

Community Updates

Community Dialog on Preventing Prescription Drug Abuse Attracts Wide Age Range

About 35 Silver Springs area residents, including teens and older adults, attended the Preventing Prescription Drug Misuse Evening at the Silver Springs Senior Center in collaboration with Silver Stage Task Force and Sanford Center For Aging. During the senior dinner Tuesday evening, Sanford Center For Aging staff offered assistance in completing medication management screening forms that will later be reviewed by a certified geriatric pharmacist who will look for possible dangerous interactions among medications.

After the senior dinner, Silver Stage Task Force leader Cara Childs welcomed teens and additional adults with root beer floats and encouraged them to participate in an open dialog on the increasing problem of prescription drug misuse and fatalities among all ages, especially teens and older adults.

Healthy Communities Coalition's Bridget Thompson described the complex scope of prescription drug misuse, noting that most people age 12 and older who misuse prescription drugs say they get them from relatives and friends, often without their knowledge. Audience members were surprised to learn that accidental death from prescription drug use is now estimated to be the fourth-leading cause of death in the U.S. Some teens in the audience were surprised that this could be true, and Thompson pointed out that there have been wide-spread media campaigns against illegal drug use, and that campaigns on preventing prescription drug misuse are lagging behind.

Silver Springs' Central Lyon Youth Connections' Project Success licensed counselor Peggy Edwards helped answer questions on teen brain development, parenting and teen drug abuse, and pointed out that depression is a side effect of drug mis-use, including prescription drug abuse. Thompson referred attendees to a table of brochures for local drug and alcohol use prevention groups, and online resources. She also emphasized that engaging adults to develop sustained, strength-building relationships with children and adolescents, both within families and in neighborhoods is a powerful tool in reducing drug abuse.

To wrap up the evening, the attendees watched the 10 minute film of "Party House", a simulated teen party involving drugs and alcohol that the Lyon and Storey area Stand Tall teams created to educate parents and other adults about the importance of monitoring teen parties and keeping track of medications and alcohol they may have in their homes. The film sparked in depth discussion with the audience, and cemented Healthy Communities parting messages about preventing prescription drug mis-use:

Thompson said that Healthy Communities would like to help communities increase awareness about how to prevent prescription drug and medicine misuse by offering technical assistance in creating community dialogs, campaigns and workshops and by helping to distribute pamphlets and fact sheets on the issue. The Coalition has Stand Tall teams and task forces in most communities and invites feedback from the community about how to get out the message that prescription drugs are dangerous when misused and should be monitored and locked up. Please call Healthy Communities' task force coordinator Quest Lakes at 287-7598 for more information.

Information from Quest Lakes

Has you or your organization done something great?

Are you planning an event?

Did you go to an amazing conference?

Then tell us!

We love to include local events and reviews in the Update.

Submissions for the September Update are due September 10, 2009.

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